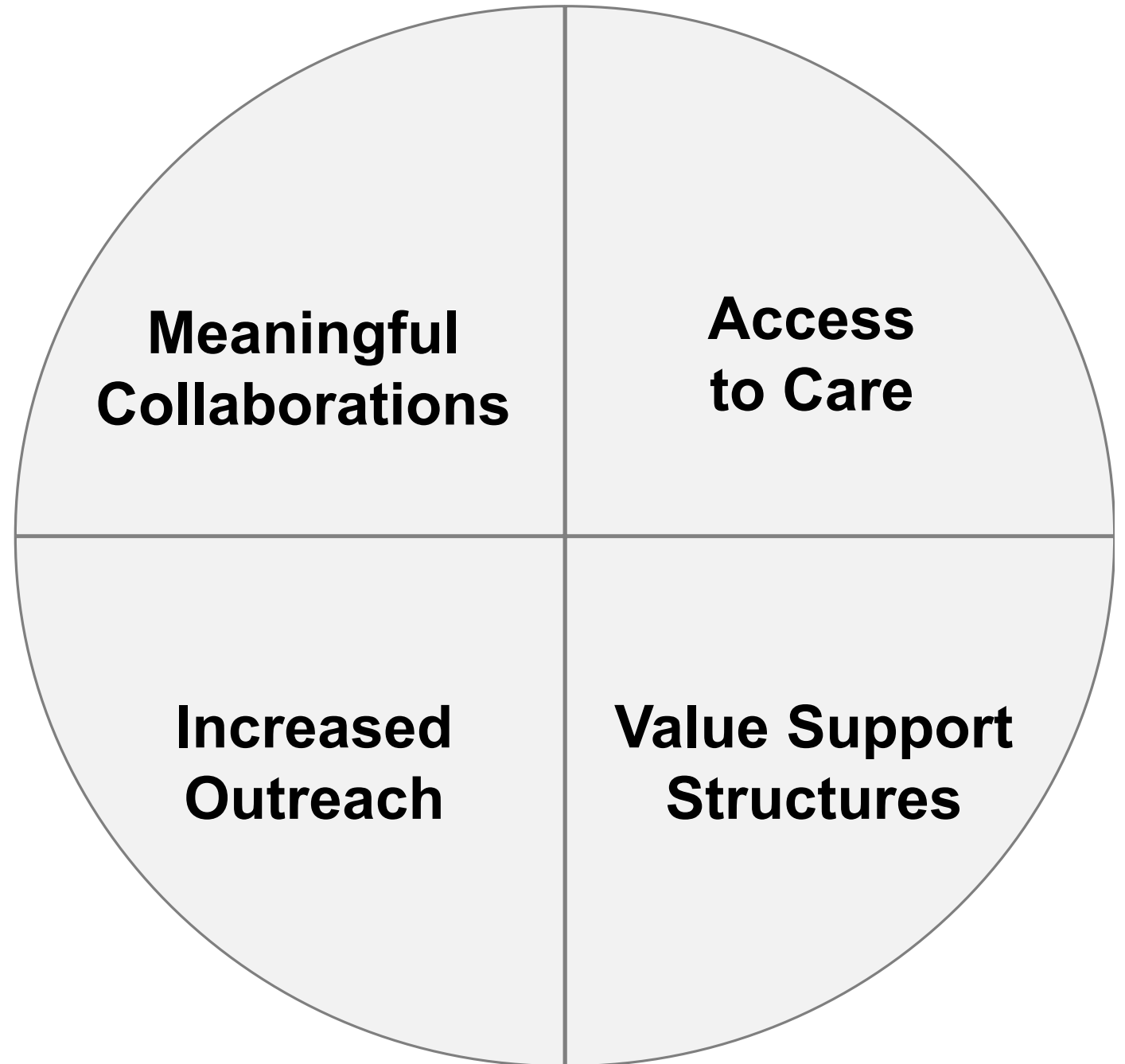
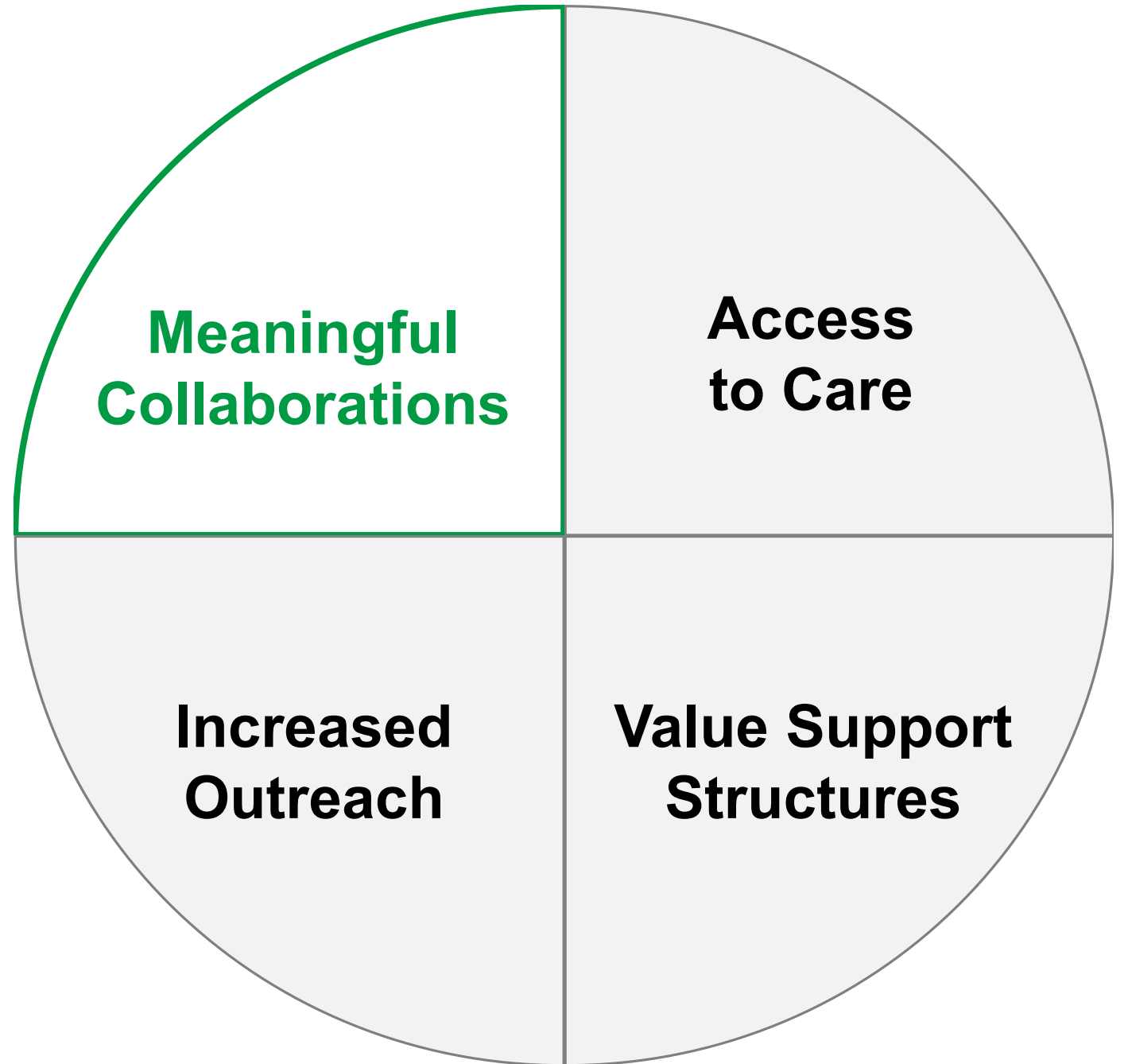


Systemic Collaborative Approach

Elizabeth Bjerke, Ph.D.
University of North Dakota



Systemic Collaborative Approach

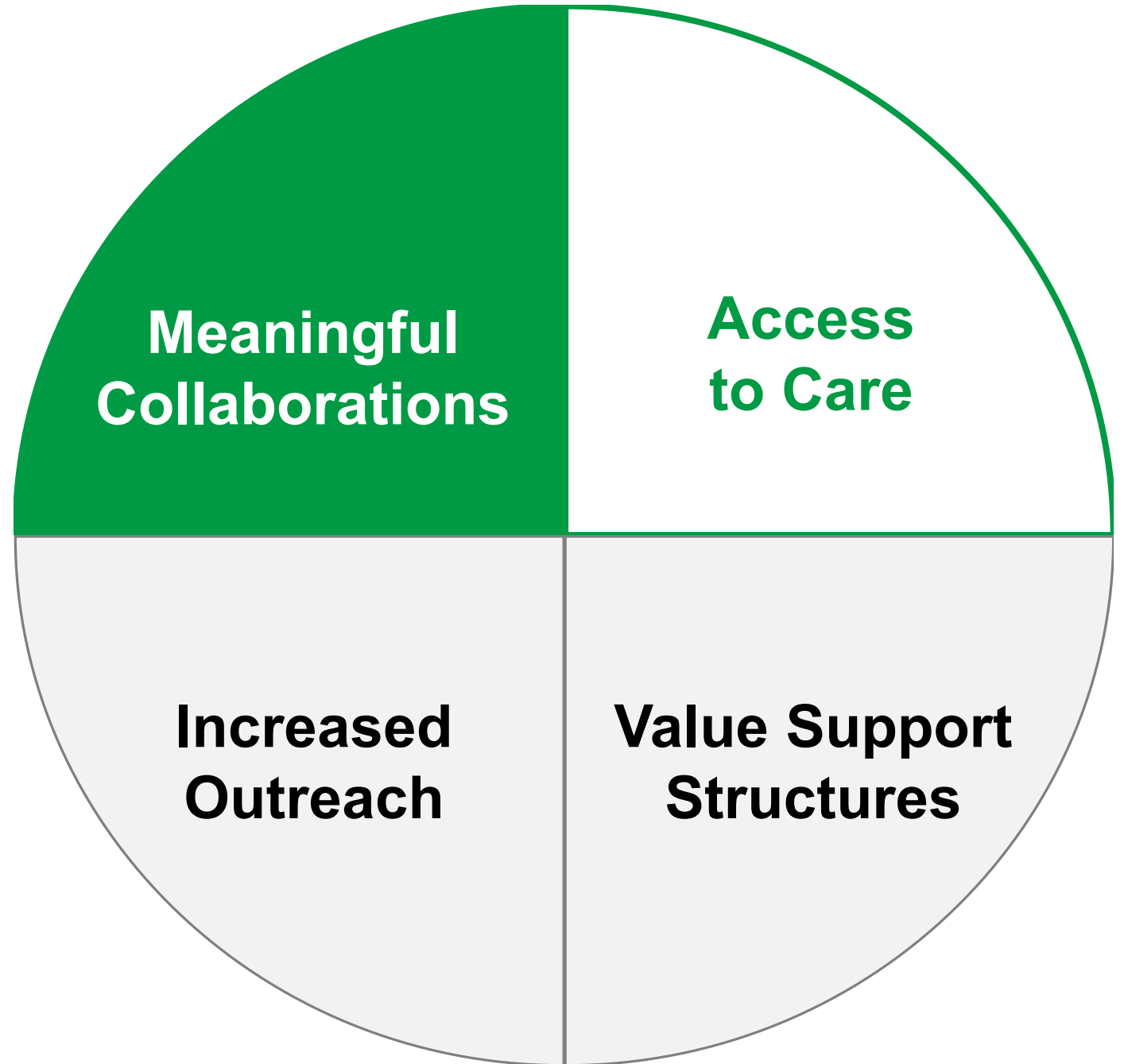


Meaningful Collaborations

- We all need to take an active role in finding solutions and sharing best practices
- Everyone has valuable insights



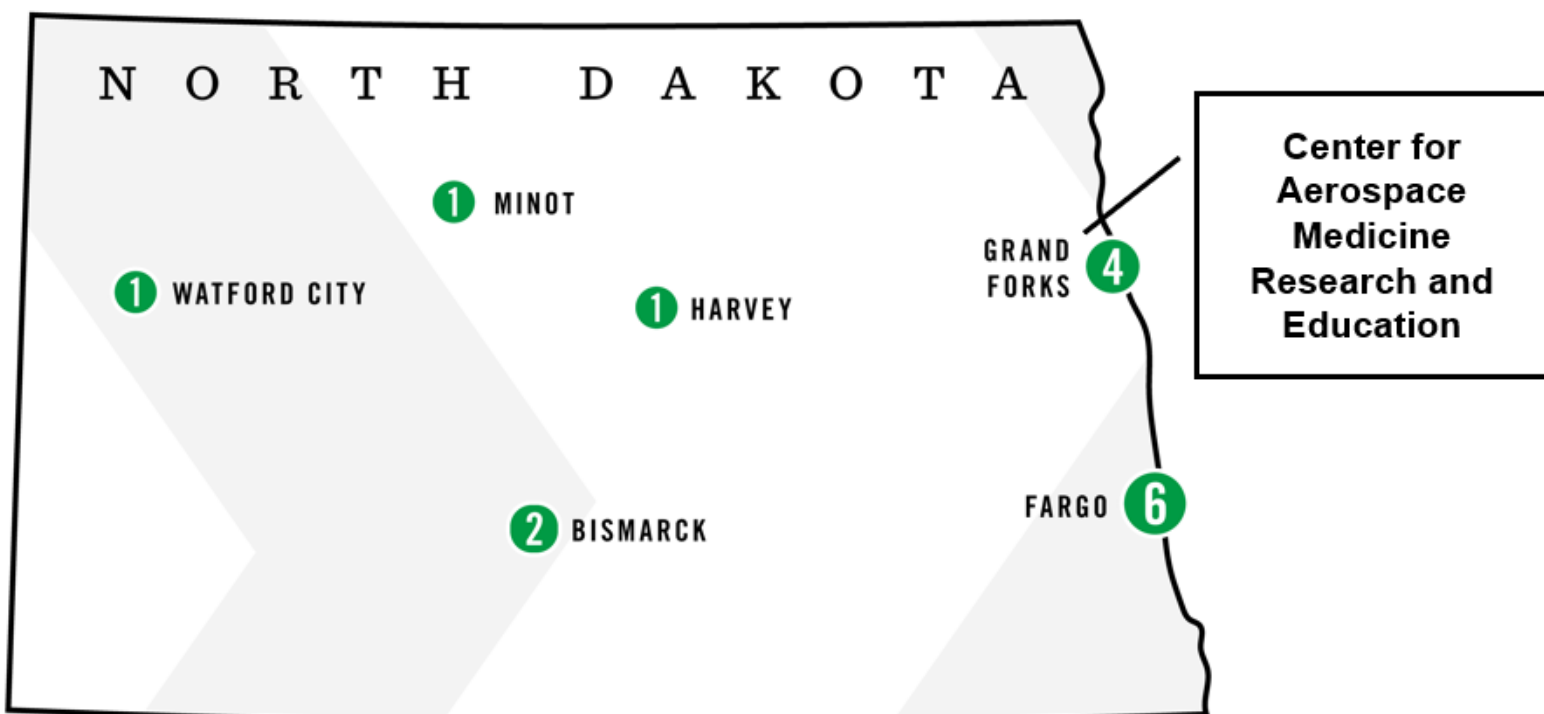
Systemic Collaborative Approach



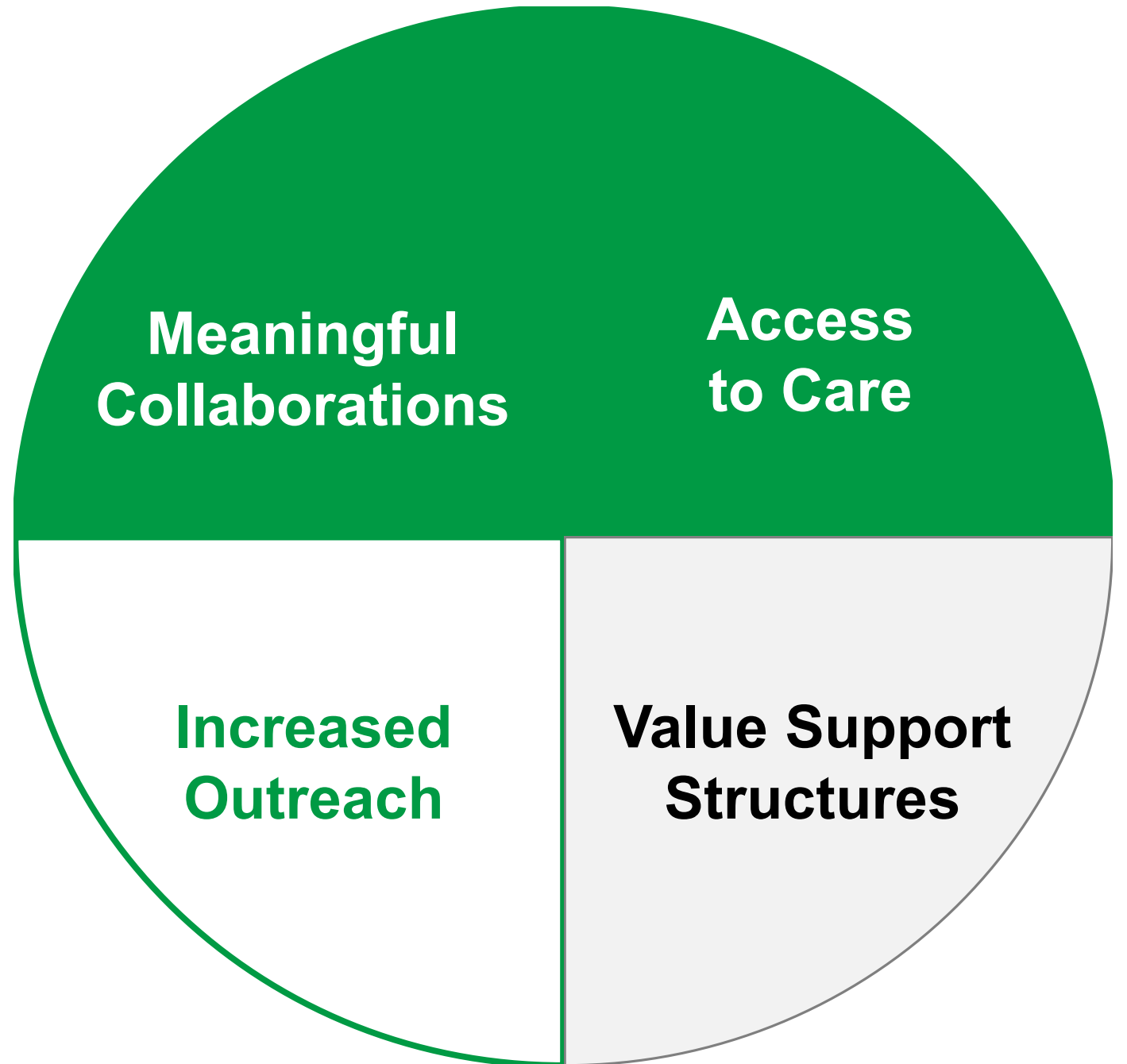
Access to Care

- Limited access to care (HIMS AMEs)
- Unclear process
- Aviation cognizant mental health professionals

AMEs IN NORTH DAKOTA

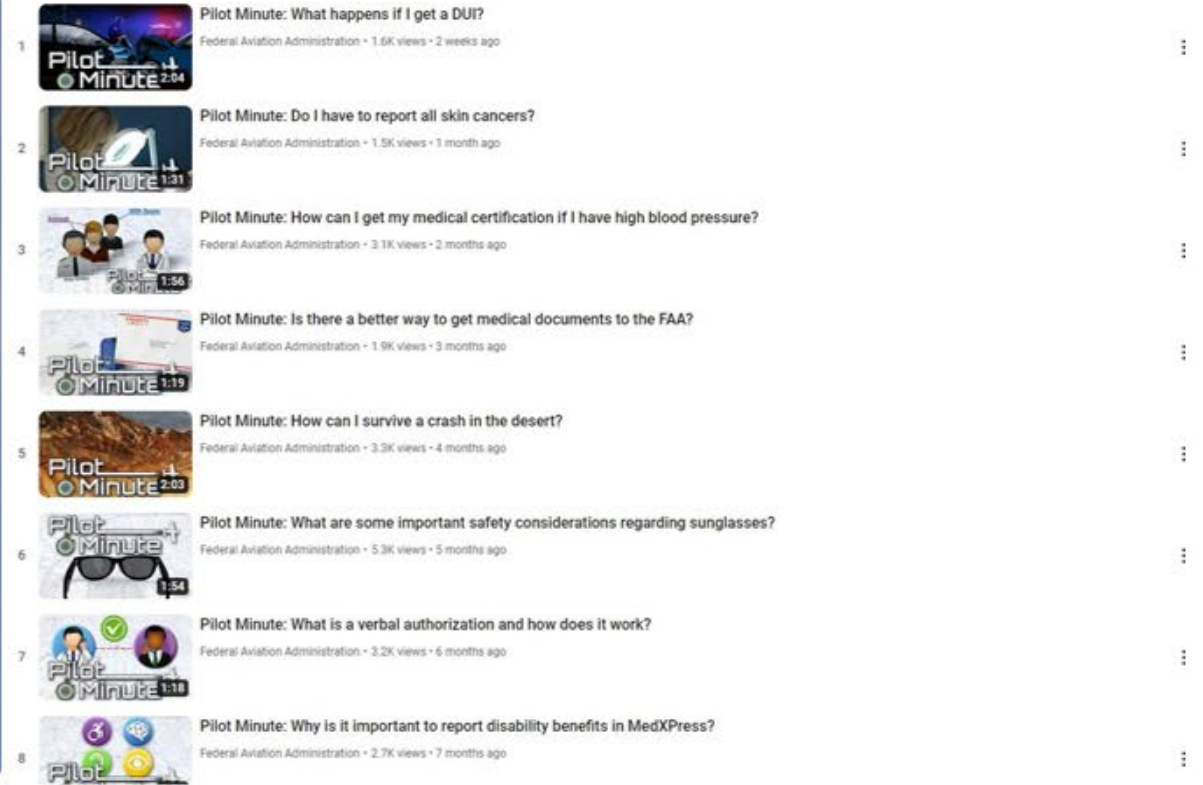
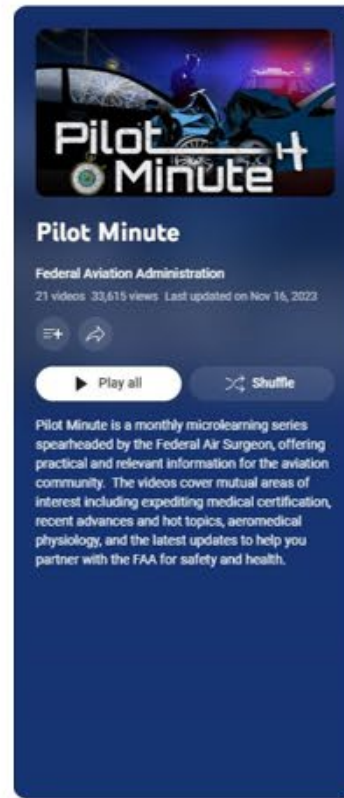


Systemic Collaborative Approach

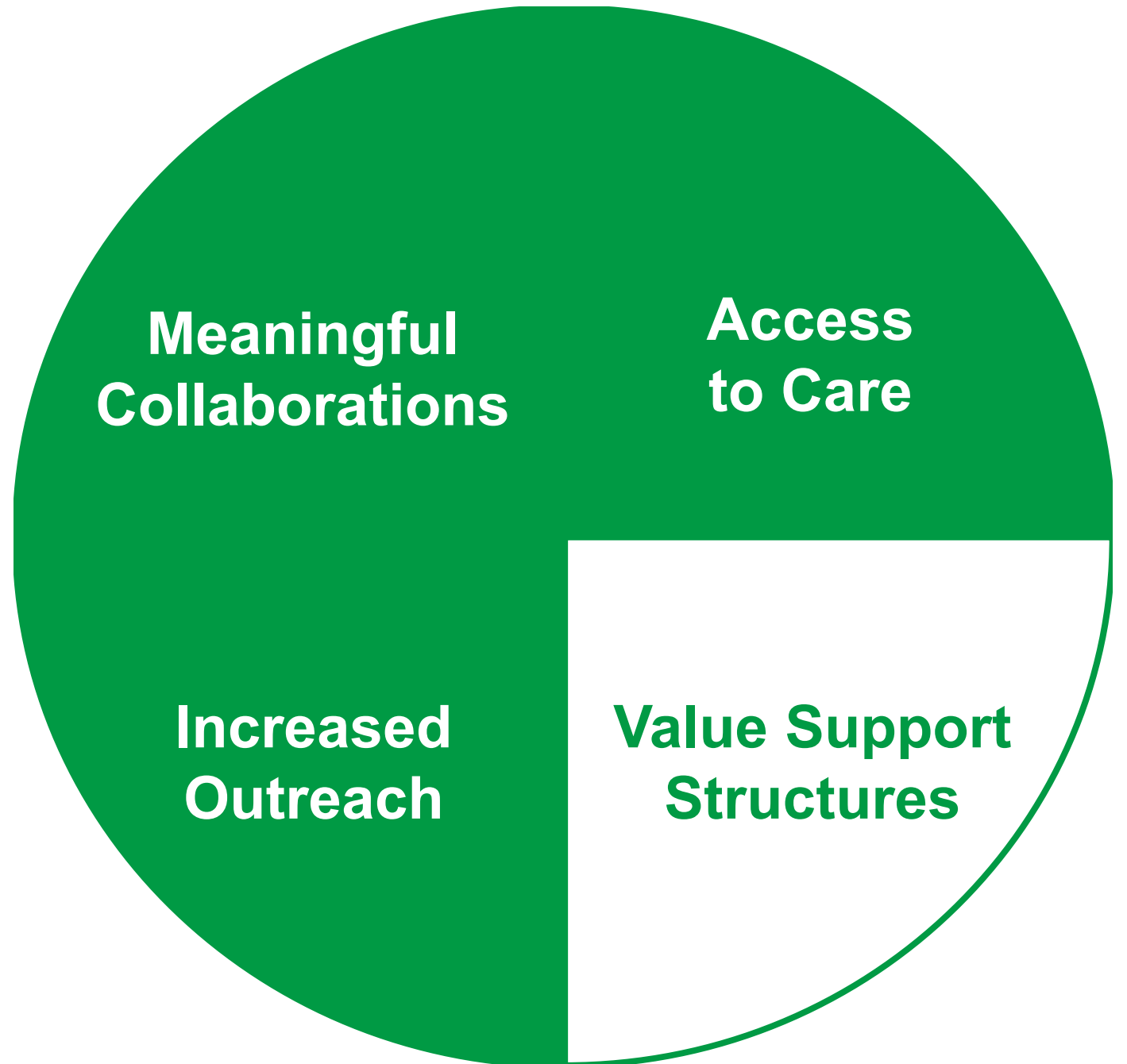


Increased Outreach

- As change occurs this needs to be shared
- Impactful outreach from many sources
 - Online courses
 - FAA Pilot Minute
 - In-person seminars



Systemic Collaborative Approach



Value Support Structures

- Peer Support Programs
- Embedded mental health professionals



upLIFT

