

Coast Guard Sector Anchorage 96 Hour Work/Rest History Form for Serious Marine Incidents

Mail: Coast Guard Sector Anchorage **Email:** Sector.Anchorage@uscg.mil
 Attn: Investigations Division **Phone:** 907-428-4200
 P.O. Box 5800 **Fax:** 907-428-4218
 JBER, AK 99505-0800

Name of Vessel	Cingluku
Name of Individual Directly Involved	John Martin
Address	[REDACTED]
Phone (specify type)	[REDACTED]
Email	[REDACTED]
Date of birth	[REDACTED]
Position on this vessel	Captain
How long working on this vessel (this contract/season/trip)?	Jan 2023
How long working on this vessel (overall)?	Since being built March 2022
Time working in this industry?	30+ years

Directions: Place an X in the "Day of Casualty" column beside the time the incident occurred. Then, using the key provided, work backwards for 96 hours, placing a letter representing your activity for each hour in the space provided beside the time. You may place more than one letter in a space if you participated in more than one of these activities in that hour.

X = Time of Incident O = Other vessel work F = Meal S = Sleep A = Free Time Ashore
 W = On watch (Ashore or onboard) D = Alcoholic Drink R = Recreation on Board

Date and Time of Incident:	2400-0100	0100-0200	0200-0300	0300-0400	0400-0500	0500-0600	0600-0700	0700-0800	0800-0900	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-1900	1900-2000	2000-2100	2100-2200	2200-2300	2300-2400
1100 5/25/23																								
4 Days Prior	S	S	S	S	R	W	W	W	W	W	W	W	F	F	W	W	W	W	F	R	W	S	S	S
3 Days Prior	S	S	S	S	W	W	W	W	W	W	W	W	W	F	W	W	W	W	F	S	S	S	S	S
2 Days Prior	S	S	S	S	R	W	W	W	W	W	W	W	W	F	W	W	W	W	F	S	S	S	S	S
1 Day Prior	S	S	S	S	R	W	W	W	W	W	W	W	W	F	W	W	W	W	F	S	S	S	S	S
Day of Incident	S	S	S	S	R	W	W	W	W	W	W	X	W	F	W	W	W	W	F	S	S	S	S	S

Additional Comments: _____

