

MBTA Subway Training

Light Rail Training Department Streetcar Motorperson Recertification Program Sign-Off Rev 1-2020

Topics Covered

- · Speed Reduction Goals
- Defensive Driving Techniques
- Doors / Equipment
- Proper Radio Etiquette
- Car house / Yard Reminders
- Switches
- · Safety Stops, Spacing & traveling distance
- Signals / A.V.I.
- PCC / Stop In Place
- PPE / Flagging Refresher
- ADA
- Report Writing
- Fatigue
- Emergency Procedures

Hands On/Yard Exercises

- Making and Breaking Type #7, #8, #9
- Door Isolation #7, #8, #9
- Type #8, #9 Bridgeplate Operation and Isolation
- Type #9 MTU Panel
- Portable Hand Crank Lift

Other Materials Issued

• Trouble Shooting Guide for PCC, Type #7, Type #8 and Type #9

I have reviewed and understand the topics	s as stated above and participated in the yard exercises
Name:	Badge Number:
MP Signature:	Date: /2//2021
Instructor:	Badge Number:



Light Rail Training Department

Motorperson Recertification Test Rev. Jan. 2020

N	ame:_	Badge #: Date: _1 /21 /202
In	structo	or: Score:
		4 points each question Time Limit: 45 minutes
Ple	ease ans	swer all the questions completely and legibly, do not use "follow prescribe rule"
1.	Whe	en acknowledging a message over the radio, you must include?
	a)	Your train number with a "10-4"
	b)	Your train number and the name of the person giving you the message
	(c)	Your train number, repeat the given message and the name of the person giving
		you the message.
(d)	Your train number, location, direction of travel and repeat the given message
,	1	
2.	Whe	n there is a "TACH" Fault, what action must the Motorperson take when there is an
	indic	eation of brake(s) holding?
	a)	Keep the train moving
	b)	Off load the train and keep it moving
	(c)	Call OCC and standby until an official, supervisor, or carhouse personnel can
		manually release the brake(s) and see if all wheels are rolling free
	d)	Express the train to the nearest official

	a)	Coupler Hook	(c)	Drav	wbar Pin
	b)	Drawbar Cover	d)	Swit	tch Stick
4.	Trail	er person may exit their	train on their o	wn at	the end of the line/trip as long as?
V	a)	Its your last trip			
	b)	You have another trip	to do		
	c)	You are going on brea	k		
	(d)	You have permission	from an Author	rized 1	Person or Dispatcher to do so
5.	An o	perator can remove the	"Maintenance i	n Prog	gress" Tags as long as?
	a)	There are no one work	ing around the t	rain	
	b)	The Yardmaster or Of	ficial say it's a	good 1	train
	(i)	You can never remove	the tag, notify	the Y	ardmaster or Car House Foreperson
	d)	It's the last train in the	yard		
	1				
6. /	Both	eastbound and westbou	ind Cleveland	Circle	Trains has the proper signal and
	switc	h to proceed through the	Beacon Junctio	n area	a, who has the right of way?
	a)	Depending the time of	the day		
	(b)	Eastbound			
	c)	Both trains			
	d)	Westbound			
7.	At a	double facing point swit	ch, who has the	right	t of way?
	a)	Eastbound during rush	hour only	c)	Westbound always
	b)	Westbound during rus	h hour only	(d)	Eastbound always

8.	What is the safe following distance between two moving trains on street level?							
~	SOO Feet							
9.	The distance between two moving trains in a station/platform is? <u>loo</u> Feet?							
10.	If an Automatic Block Signal is <u>Defective</u> on the <u>Viaduct</u> , what is the rule?							
	Stop eall OCC, wait for officed to show up							
	If the answer is wrong above, please use bottom space to write in correct answer							
X11.	If Signal #712 at Science Park Westbound has a red aspect, what should you do?							
	Wait on the platform with doors open (5) Pull the train up to the signal and stop							
	Wait 60 seconds and proceed d) Do a safety stop then proceed							
/								
12.	What is the maximum speed when entering intersections, platforms and walkways in							
	deal conditions?MPH							
/								
13.	When an Authorized person waves you through a Defective Automatic Block Signal,							
	after you've come to a STOP, what should you do?							
	Wait 60 seconds then proceed on line speed							
	Proceed at line speed							
	Proceed on last posted speed							
	Proceed at 10 MPH to next signal or platform							

NE	x+ 11/4+ 01 5/5 m
If the a	nswer is wrong above, please use bottom space to write in correct answer
7	
/-	
What is	the rule for a <u>Defective</u> Interlocking Signal (Double Red)?
Stop	Cull OCC, walt for Offical
If the a	nswer is wrong above, please use bottom space to write in correct answer
If the a	nswer is wrong above, please use bottom space to write in correct answer
What s	hould you do if you see a Double Yellow Signal with <u>no</u> streetcar in the statio
What s	hould you do if you see a Double Yellow Signal with <u>no</u> streetcar in the statio
What s	
What s	hould you do if you see a Double Yellow Signal with <u>no</u> streetcar in the statio

' · 17.	If a l	If a Multi Aspect Signal has no aspect lit, what should you do after calling O.C.C.?							
/\	a)	Stop and proceed to next signal at last posted speed							
	(b)	Stop and wait 60 seconds then proceed at 10 MPH to next signal							
/	c)	Stop and wait for an Authorized Person on scene to wave you through							
(d)								
	/	Stop and then read the switch then proceed to next signal							
18.	What	at is the purpose of a time light?							
	a)	To time you at every switch	c)	To space trains out					
	(b)	To slow you down	d)	To show switch position					
	1								
19.	What	is the purpose of a pot light/flag	g/cube	?					
	a)	For clearance to enter a carhou	se						
	b)	To space out trains in the centr	al sub	way					
((c))	To indicate a switch position at	t cross	overs					
	d)	To slow you down							
20.			n a pus	sh job on a PCC after chalking the					
	wheel	ls?							
1. Tack on good zar									
		hain the drawby							
L	3. B	leed the ear							
1	4	led the Ear							
1	5	Tie Ari Car							

Page 5 of 6

	_						
21.		all personnel have cleared of a service?	Level 1	Area, who has the authority to resume			
	a)	Official	c)	Dispatcher			
	b)	Supervisor	(d)	All of the above			
	1						
22.	22. In a Level 4 Flagging Site, how far should the flagperson be from the workers?						
	Feet while facing oncoming traffic.						
23.	Und	er Level 4, Flagpersons must s	et up a w	varning device approximately before the			
work	crew						
	a)	10 feet	(c)	100 feet			
	b)	25 feet	d)	500 feet			
24.	Whi	le operating a train, you observ	e someo	ne using their flashlight making a			
		nd fro" (left and right) motion					
	a)	Keep ringing your gong unti	l your cle	ear past the individual.			
	b)	Proceed under 10 mph to the individual.					
	(c)	Come to a safe and complete stop as soon as possible					
	d)	Flash your headlights continu	uously u	ntil you clear the individual.			
25.	Serv	ice Animals perform a variety	of necess	sary day to day functions for people who are?			
	a)	Visually Impaired	c)	Psychiatric Disabilities			
	b)	Hearing Impaired	(d)	All of the above			