

Claude,

The following request was sent to me from Mr. Steve Jenner of the NTSB investigation group. He will be the only other officer in our interview. If you have any questions, please let me know.

The following is from Mr. Steve Jenner –NTSB

I have a 'homework' assignment for Mr. Robbins. Specifically, as part of a Human Factors investigation, there are several areas I'd like to explore and discuss. So, we don't have to spend extra time and energy during our interview, and to gather information while it is still fresh, I would appreciate it if Mr. Robbins could reconstruct and write down (before we get together) the answers to the following questions that includes his work/rest, medical, and other factors:

Work/Rest

1. What hours did you work on Monday, Tuesday, Wednesday and Thursday?

Day	Time	Hours	Location
Monday, March 7, 2022	6:00 a.m. – 4:30 pm	11 (no lunch)	25 th Avenue Project
Tuesday, March 8, 2022	6:00 a.m. – 5:00 pm	11.5 (no lunch)	25 th Avenue Project
Wednesday, March 9, 2022	5:30 a.m. – 6:00 p.m.	13.5 (no lunch)	BBII - OCS Crew 9
Thursday, March 10, 2022	6:00 a.m. – 8:30 p.m.	14.5 (no lunch)	BBII-OCS Crew 9 Day of explosion Menlo Park – Debrief with management Concentra – Blood and Urine tests Menlo Park – Debrief with management

Please note that I worked on Saturday and Sunday prior to start of new week on March 7, 2022.

Day	Time	Hours	Location
Saturday, March 5, 2022	5:00 a.m. – 7:00 p.m.	14 (no lunch)	San Mateo Crossing Project
Sunday, March 6, 2022	5:00 a.m. – 7:00 p.m.	14 (no lunch)	San Mateo Crossing Project

2. What hours were you off duty?

Day	Time	Hours
Saturday, March 5, 2022	7:00 p.m. – 4:00 a.m. (next day)	9 hours
Sunday, March 6, 2022	7:00 p.m. – 4:00 a.m. (next day)	9 hours
Monday, March 7, 2022	4:30 p.m. – 4:00 a.m. (next day)	11.5 hours
Tuesday, March 8, 2022	5:00 p.m. – 4:00 a.m. (next day)	11 hours
Wednesday, March 9, 2022	6:00 p.m. – 4:00 a.m. (next day)	10 hours
Thursday, March 10, 2022	8:30 p.m. (I have not returned to work)	

3. What activities did you do while off duty? (What times / from when to when)

Day	Time	Activities
Saturday, March 5, 2022	7:00 p.m. – 4:00 a.m. (next day)	Dinner/Bed
Sunday, March 6, 2022	7:00 p.m. – 4:00 a.m. (next day)	Dinner /Bed
Monday, March 7, 2022	4:30 p.m. – 4:00 a.m. (next day)	Dinner/little TV/Bed
Tuesday, March 8, 2022	5:00 p.m. – 4:00 a.m. (next day)	Dinner/little TV/Bed
Wednesday, March 9, 2022	6:00 p.m. – 4:00 a.m. (next day)	Dinner/little TV/Bed

4. Did you nap during your time off? If so, when? No

5. What times did you go to bed each night? What time did you actually fall asleep?

Day	Bedtime each night:
Saturday, March 5, 2022	8:30 p.m.
Sunday, March 6, 2022	9:15 p.m.
Monday, March 7, 2022	7:00 p.m.
Tuesday, March 8, 2022	8:00 p.m.
Wednesday, March 9, 2022	8:30 p.m.

6. What times did you wake up each of those day?

Day	Wake up time each day:
Saturday, March 5, 2022	4:00 a.m.
Sunday, March 6, 2022	4:00 a.m.
Monday, March 7, 2022	4:00 a.m.
Tuesday, March 8, 2022	4:00 a.m.
Wednesday, March 9, 2022	4:00 a.m.
Thursday, March 10, 2022	4:00 a.m.

7. Did you feel rested when you went on duty Thursday?

I felt Normal

8. What are your sleep requirements? That is, how many hours of sleep do you typically need to feel rested?

5 to 6 hours

9. Did your schedule / work hours change in the last week? Did you have advanced notice of a schedule change, or was there limited notification? Did you have to work on a normally scheduled day off? Was the last week an unusual schedule for you?

- a. **Yes**
- b. **Limited notification**
- c. **No. optional**
- d. **Yes**

10. When was your last day off? What are your normally scheduled days off?

- a. **Wednesday, March 2, 2022 (Took one day off)**
- b. **Saturday and Sunday**

11. How many days have you worked in the last month?

21 days (February 10, 2022 – March 10, 2022)

Medical / Health

How is your overall health? Do you have any chronic medical conditions, such as heart disease, high blood pressure, etc.?

- a. **Normal**
- b. **High Blood Pressure / High Cholesterol /**

Do you have any acute medical conditions, such as allergies or common cold?

None

Are you current taking any prescription or over-the-counter medications? **Yes** If so, please describe which medications and dosage, and what they are taken for – **See below**. Do any of these medications have side effects? If so, please describe.

Mdication	Dosage	Taken for	Side Effects
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NTSB: According to Mr. Robbins, none of the medications listed had any known side effects

Have you ever been diagnosed with any type of sleep disorder, such as Sleep Apnea? Do you know if you snore?

No

Lifestyle / Overall

Have you had any significant life changes recently, including family health, moving homes, etc.? Please describe. How do you think that has affected you, if at all? Is there anything else about you that you would like us to know?

Changes:

- 1) Off work for the past 10 months (May 11, 2021 – February 1, 2022) – Injury at work – Torn biceps tendinosis of left shoulder.
- 2) Mother in the Hospital with medical issues (February 21, 2022 – present time)