96-Hour Work/Rest History Worksheet

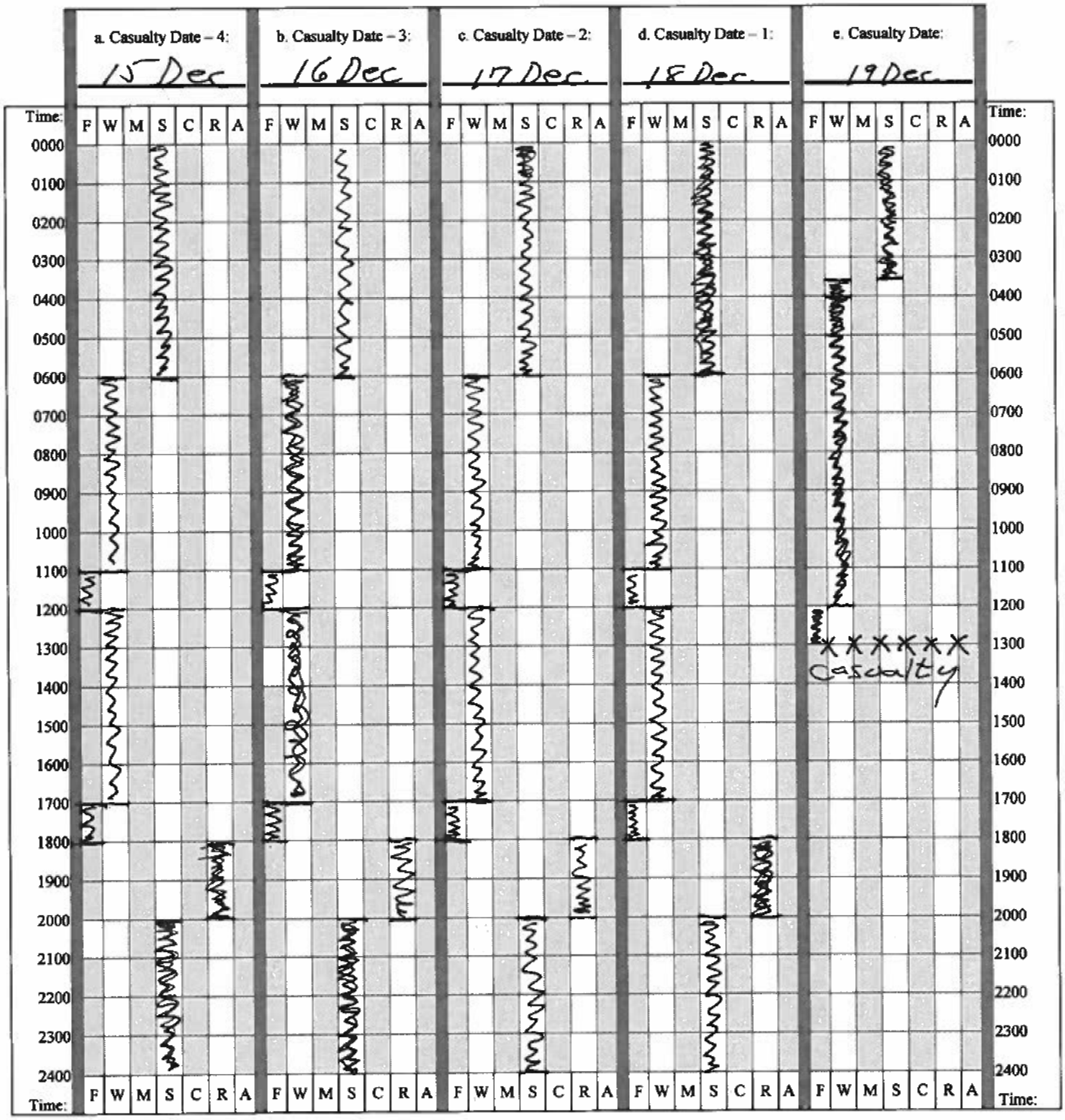
Name: James Stinson **Rank/Position:** Chief Engineer

Instructi[redacted]

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

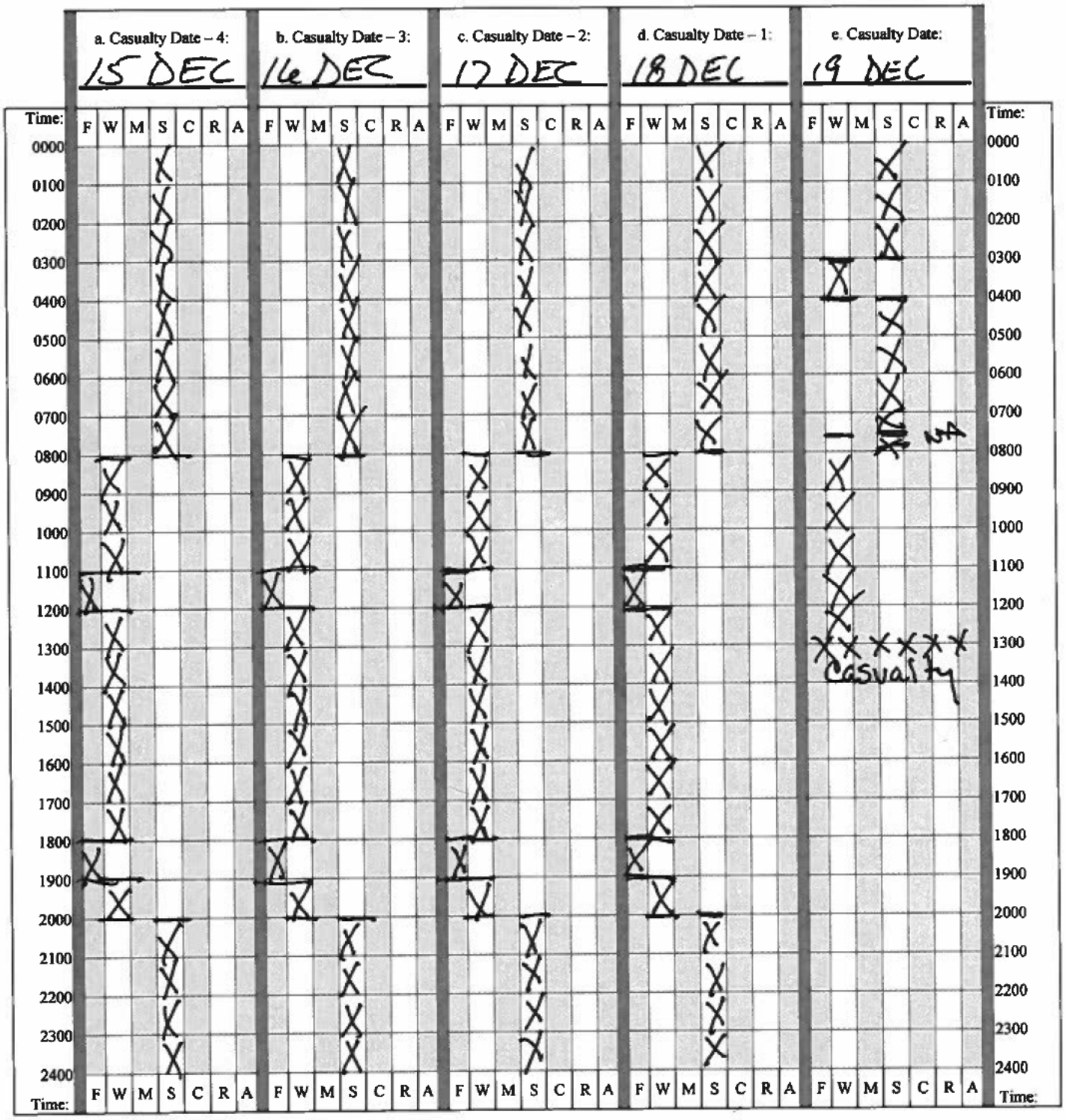
Name: William Auld Jr. **Rank/Position:** W[redacted] Master

Instructions:

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal; M = Maintenance work; C = Cargo Watch/Operations; A = Alcoholic drink; W = Watch/Duty; S = Sleep; R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

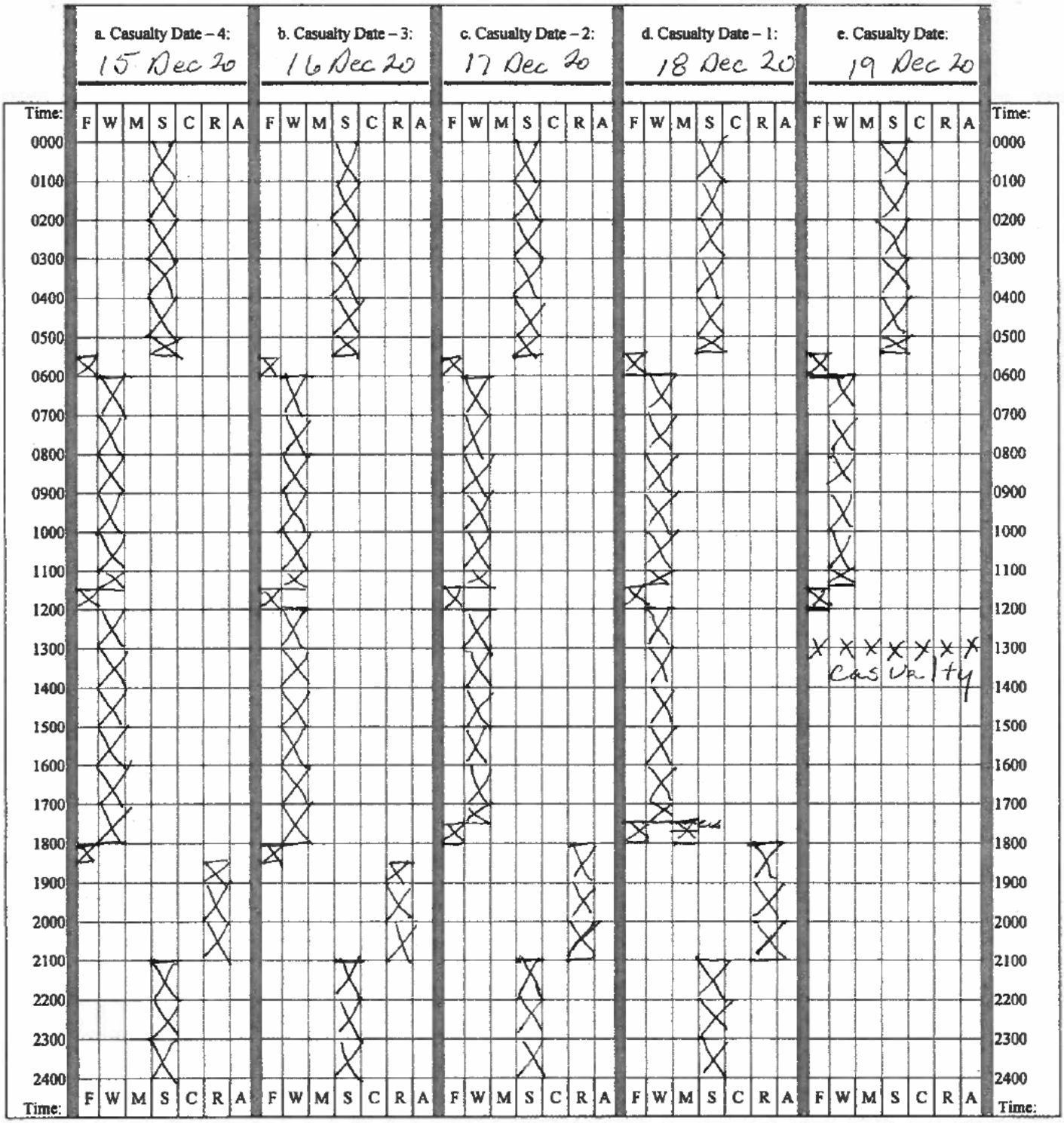
Name: Chris Beaver **Rank/Position:** ET

Instructions: [redacted]

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

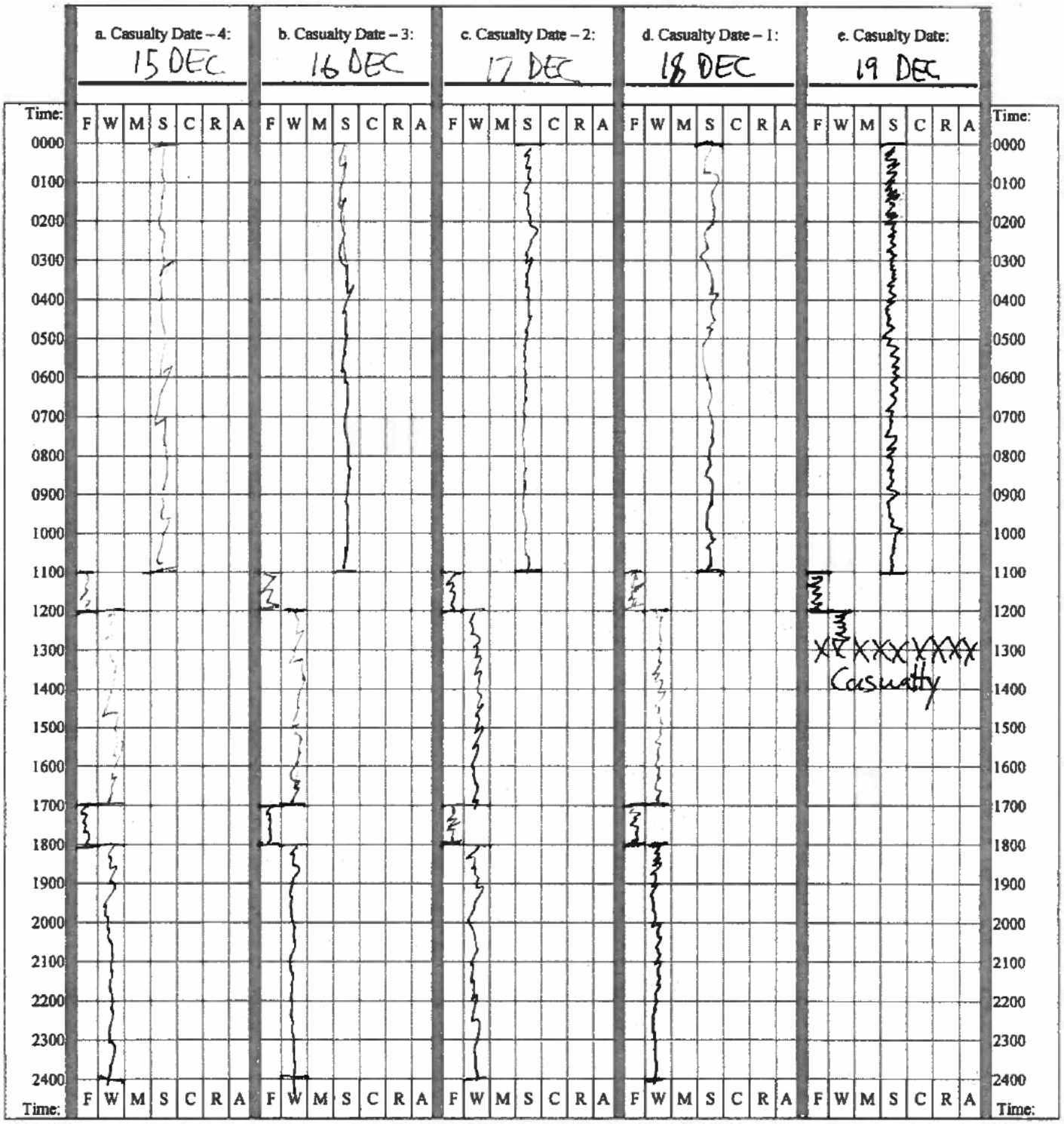
Name: Todd Mc Donough **Rank/Position:** Asst ENG

Instructions: [redacted]

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

Name: RICARDO BUENROSTRO Jr **Rank/Position:** AB/CO

Instructions: [redacted]

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore

Time	a. Casualty Date – 4: 15 DEC							b. Casualty Date – 3: 16 DEC							c. Casualty Date – 2: 17 DEC							d. Casualty Date – 1: 18 DEC							e. Casualty Date: 19 DEC							Time
	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	
0000				X							X							X							X							X				0000
0100				X							X							X							X							X				0100
0200				X							X							X							X							X				0200
0300				X							X							X							X							X				0300
0400				X							X							X							X							X				0400
0500				X							X							X							X							X				0500
0600						X							X							X							X							X		0600
0700						X							X							X							X							X		0700
0800		X							X							X							X						X							0800
0900		X							X							X							X						X							0900
1000		X							X							X							X						X							1000
1100	X							X							X							X						X								1100
1200		X							X							X							X						X							1200
1300		X							X							X							X						X							1300
1400		X							X							X							X													1400
1500		X							X							X							X													1500
1600		X				X			X				X			X				X			X													1600
1700	X					X		X					X		X					X		X					X									1700
1800						X							X							X							X									1800
1900						X							X							X							X									1900
2000						X							X							X							X									2000
2100						X							X							X							X									2100
2200				X							X							X							X												2200
2300				X							X							X							X												2300
2400				X							X							X							X												2400
Time	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	F	W	M	S	C	R	A	Time

casualty

MISLE IIA# _____

96-Hour Work/Rest History Worksheet

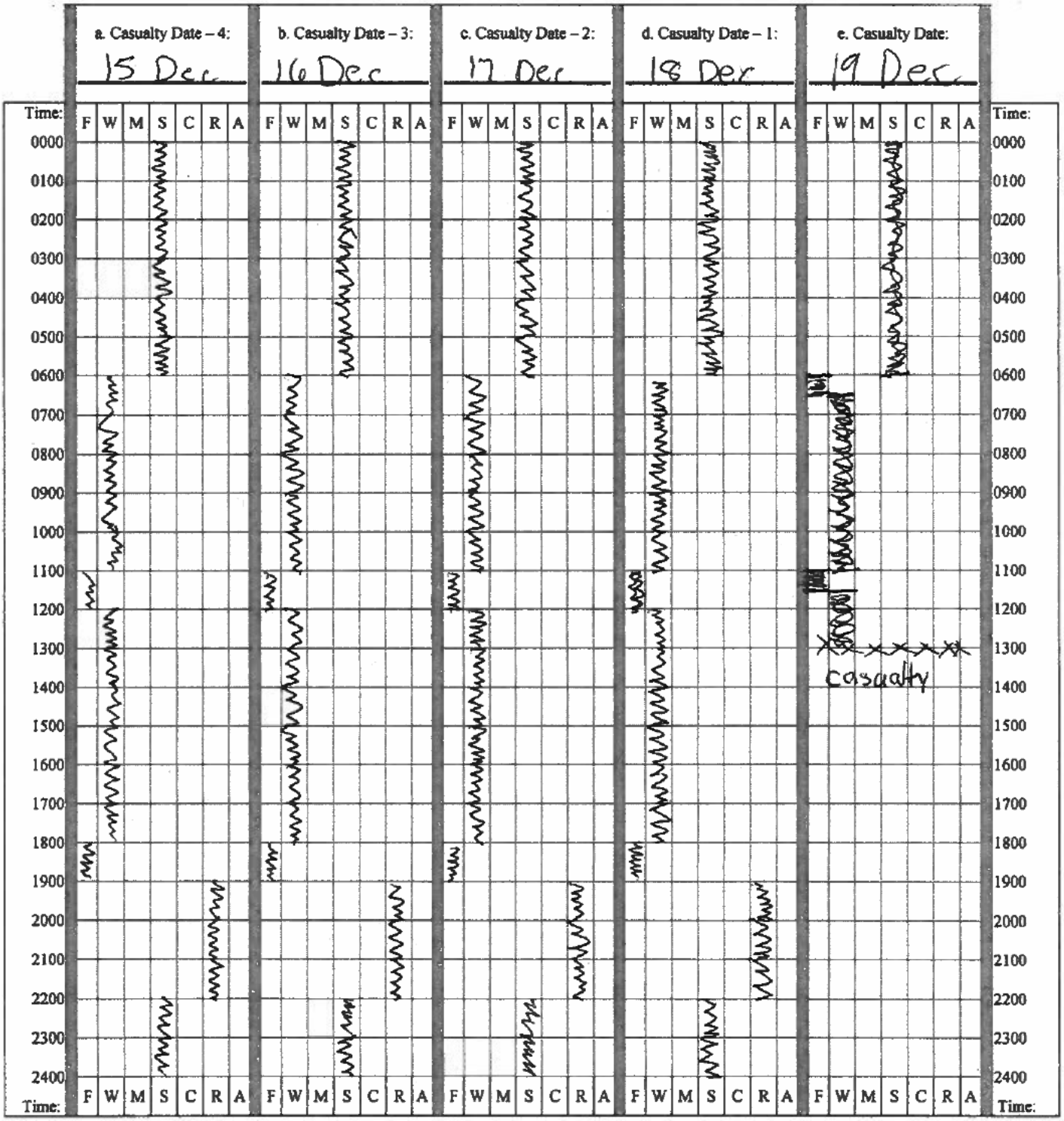
Name: Shawn Vallot [redacted] **Rank/Position:** Utility/Galley Hand

Instructions:

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

Name: Nathan LaBell **Rank/Position:** Qmed

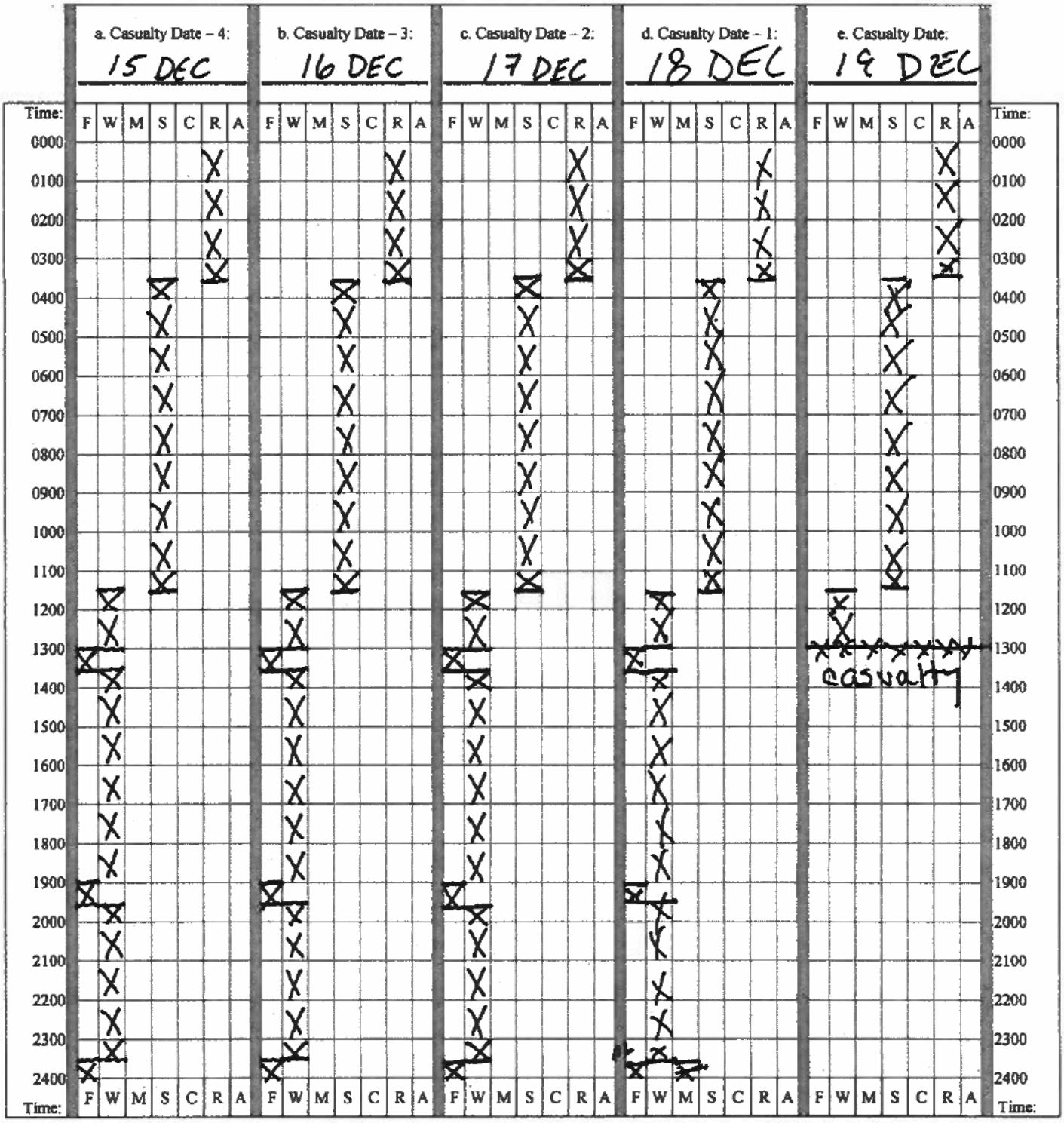
[redacted]

Instructions:

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____

96-Hour Work/Rest History Worksheet

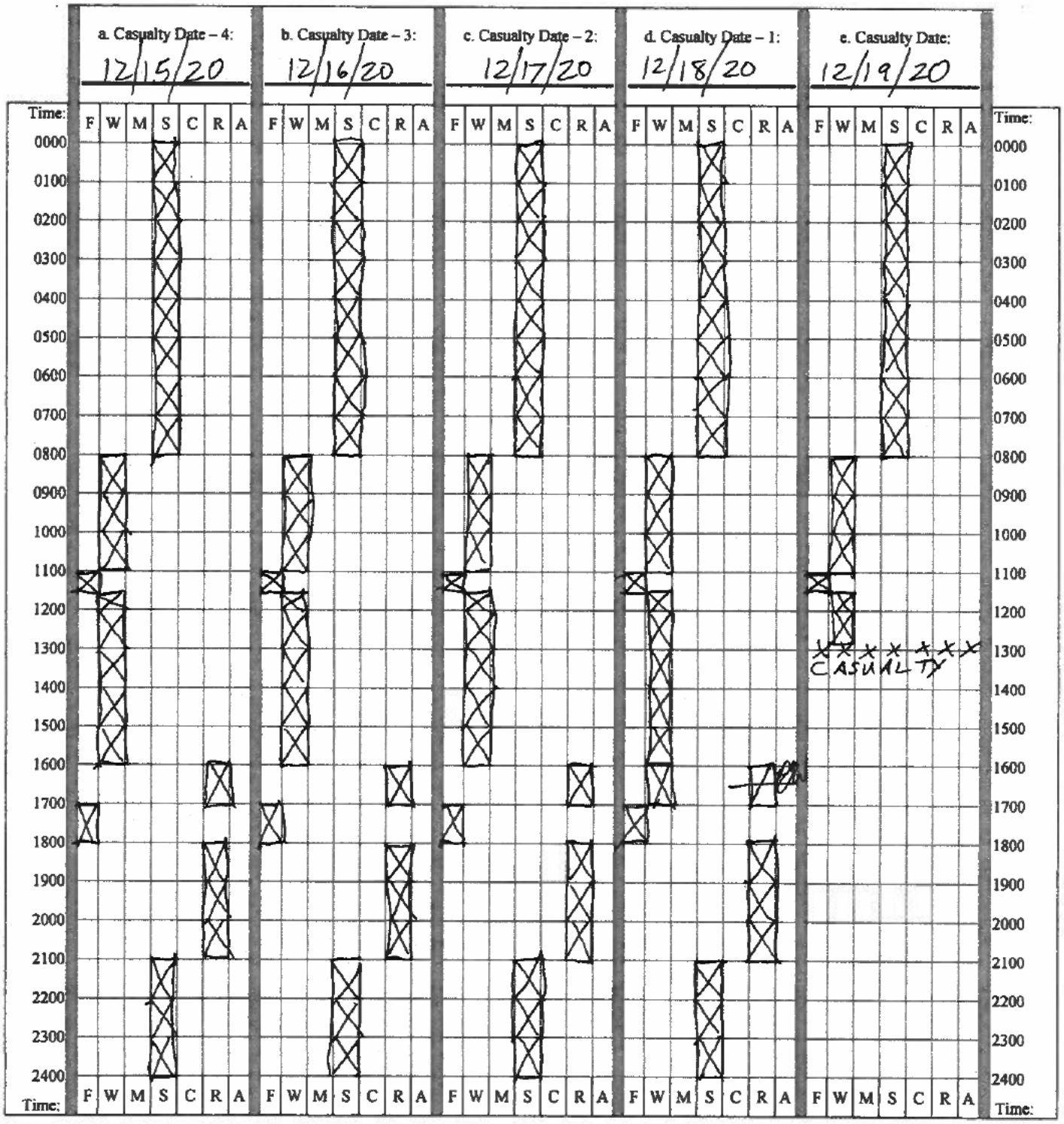
Name: Pat Walsh **Rank/Position:** [redacted] CHIEF OFFICER

Instructions:

1. For the date of the accident and the previous four days, enter the date in boxes a through e.
2. Mark the time the casualty occurred with an "X" on the column below the Casualty Date
2. From the time of the accident, back through the previous four days (96 hours), identify the type of activity done and when it was done by filling in the appropriate segment of the column representing that activity for the times during which it was done. See the legend below for the definitions of the activity types.

Legend – Activity Types:

F = Meal M = Maintenance work C = Cargo Watch/Operations A = Alcoholic drink
W = Watch/Duty S = Sleep R = Recreation, including time ashore



MISLE IIA# _____