



SGCR



SAFETY
AND
GENERAL
CONDUCT
RULES

EFFECTIVE JANUARY 1, 2019

NORFOLK SOUTHERN CORPORATION

Further instructions may be issued by proper authority.

**JAMES A. SQUIRES
MIKE J. WHEELER**

**EFFECTIVE:
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EXCEPTION: Mechanical Department employees are not required to wear chin attachments while grinding.

(e) Contact Lenses

1. Employees wearing contact lenses must wear approved eye protection where required.
2. Employees wearing contact lenses while performing vision critical jobs such as locomotive engineers, motor vehicle operators, and pilots, must have a pair of current prescription glasses or approved prescription safety glasses in required areas with them while on duty.

- (f)** Transportation employees are not required to wear eye protection when occupying wide body locomotives with all exterior doors and windows closed and latched. **EXCEPTION:** Approved eye protection must be worn when exiting the locomotive, when turning on or restarting the air conditioning/heating unit, and when the inside of the locomotive is being cleaned, maintained, or repaired.

1044. High-Visibility Safety Garments

(a) While on duty:

1. All employees must wear an NS approved high-visibility safety vest when duties require them to be on foot within the right-of-way of a public highway.
2. Engineering, Mechanical, and Train and Engine service employees must wear an NS approved high-visibility safety vest when required to be on any railroad tracks or right-of-way.
3. Mechanical employees must wear an NS approved high-visibility safety vest when required to be:
 - on any railroad tracks or right-of-way outside of Mechanical limits,
 - within Mechanical limits when performing switching operations or working in locomotive service and dispatch facilities, inbound, outbound, receiving or forwarding tracks.

- (b) Other high-visibility garments such as jackets, shirts, sweatshirts, or rain suits may be worn in lieu of the company issued vest provided the garment is labeled certified as meeting the American National Standards Institute (ANSI) Class II or Class III standards for garment size, reflectivity material and performance, and are of a FLUORESCENT YELLOW-GREEN COLOR.
- (c) Safety garments, when required, must be worn as the top layer of clothing and must not be removed except in an emergency.
- (d) Conductor trainees must wear an NS approved high visibility safety vest of FLUORESCENT ORANGE COLOR.
- (e) NS approved safety vests designed to handle an Operator Control Unit (OCU) must only be worn by employees performing service as a Remote Control Operator (RCO).

EXCEPTIONS:

1. Safety vests are not required when riding in enclosed equipment or vehicles.
2. Engineering Department - Safety vests are not required:
 - when burning, welding, or grinding
 - when using fall protection
 - when working on, or working in (repairing), close proximity to standing equipment
 - at the Charlotte Roadway Shop, Roanoke Material Yard, or H.L. Rose Fabrication plant
3. Mechanical Department:
 - while inside of a Mechanical shop building,
 - when burning, welding, or grinding.

1045. Use of Lighting

Train and Engine Service employees must use an NS approved lantern or headlamp when working on or about the tracks at night. The lantern or headlamp must be turned on before sunset until after sunrise, and at any other time or