Division: Harrisburg	CT Name	Gilmore	EIN#:		
Activity	Co	mpleted Date	Super	visor/Department	
Pre-Employment Forms					
Drivers (Does not need Notarized)		5/24/2018		Certification	
Med 14		5/29/2018		Medical	
Med 15		5/29/2018		Medical	
Phase 1 (McDonough)		8/6/2018		NSTC	
Phase 2 (OJT)		8/27/2018		Brake	
Provided On Job Training Schedule			• • • • •		
Module 1 Training Code 106	51	N/A		NSTC	
Module 2 Training Code 106	52	N/A		NSTC	
Module 3 Training Code 106	53	N/A		NSTC	
Module 4 Training Code 106	54	N/A		NSTC	
Module 5 Training Code 106	55	N/A		NSTC	
Module 6 Training Code 106	56	N/A		NSTC	
Module 7 Training Code 106	57	N/A	time and a second s	NSTC	
Module 8 Training Code 106	58	N/A		NSTC	
Module 9 Training Code 1065	59	N/A		NSTC	
Module 10 Training Code 1066	50	N/A		NSTC	
Module 11 Training Code 106	51	N/A		NSTC	
Any Additional Classroom Trainin	ng				
Evaluations					
		9/08/18 - F/O		Brown	
		9/12/18 - T/R		Moore	
Supervisor		9/13/18 - T/R		Moore	
Promoting Supervisor					
Testing	_ _				
Annual Book Of Rules					
Signals Test		11/1/2018		J. Barrett	
Physical Characteristics				*****	
Location Name					
HB HCT to Perry		11/1/2018		J. Barrett	
HB Baltimore Road - Perry to Bay		11/1/2018		J. Barrett	
HB Baltimore Yard - Bay to Landover		11/1/2018		J. Barrett	
AMT- 2		11/1/2018		J. Barrett	
Norak		11/1/2018		J. Barrett	
Form 12200		8/23/2018		NSTC	
			1		
Division Supervisor:	Joshua E. Laf				
Signature and Date		11/21	8		
Qualified Instructor:	Terrance L Jo	ohnson			
Signature and Date			11/2	110	

		EITH) - EITH		e Attendance I		05/02/2018 - 11	/02/2018
TM	T: 7204 Last Sunday	Job Assign: HBBAYHE Monday	3S48CT Distric Tuesday	t: HB Sub Dis Wednesday	trict BA Thursday	Friday	Saturday
Event Text	Aug 12 2018	Aug 13 2018	Aug 14 2018	Aug 15 2018	Aug 16 2018	Aug 17 2018	Aug 18 2018
Chrg NChrg Work							
Event Text	Aug 19 2018	Aug 20 2018	Aug 21 2018	Aug 22 2018	Aug 23 2018	Aug 24 2018	Aug 25 2018
Chrg NChrg Work							
Event Text	Aug 26 2018	Aug 27 2018	Aug 28 2018	Aug 29 2018 06:00 CALL H63 07:37 MKUP 17:52 T/UP H63	Aug 30 2018 07:59 CALL HB08 15:27 T/UP HB08	Aug 31 2018 06:00 CALL H63 13:29 T/UP H63	Sep 1 2018 07:59 CALL HB48 17:02 T/UP HB48
Chrg	жараллару, еген						
NChrg	/ ````````````````````````````````````		m				
Work							

	, , ,	EITH) -		e Attendance		05/02/2018 - 1	1/02/2018
IM	T: 7204 Las Sunday	t Job Assign: HBBAY			strict BA		,
— T	Sep 2 2018	Monday Sep 3 2018	Tuesday Sep 4 2018	Wednesday Sep 5 2018	Thursday	Friday	Saturday
Event Text	36p x 2010	Sep 3 2010	07:15 CALL HB02 13:16 T/UP HB02	07:15 CALL HB11 13:19 T/UP HB11	Sep 6 2018 07:12 SENM 07:15 CALL HB02 13:20 T/UP HB02	Sep 7 2018 07:15 SCAL HB02 13:42 T/UP HB02	Sep 8 2018 07:59 CALL HB48 15:36 T/UP HB48
Chrg							
NChrg							
Work							
Event Text	Sep 9 2018	Sep 10 2018 15:49 SENM 15:59 CALL HB32	Sep 11 2018 00:22 T/UP HB32 15:59 SCAL HB32 23:53 T/UP HB32	Sep 12 2018 15:59 SCAL HB32 23:46 T/UP HB32	Sep 13 2018 15:59 SCAL HB32 23:14 T/UP HB32	Sep 14 2018 15:59 SCAL HB32 22:13 T/UP HB32	Sep 15 2018
Chrg							
NChrg							
Work	w						
Event Text	Sep 16 2018	Sep 17 2018 16:15 DISP 17:47 NTFY 17:47 SENM 20:00 CALL H14	Sep 18 2018 06:38 T/UP H14 20:00 ACAL H04	Sep 19 2018 07:46 T/UP H04 20:30 DISP 20:31 NTFY 23:30 CALL H14 23:43 SENM	Sep 20 2018 06:31 T/UP H14 23:30 CALL H14	Sep 21 2018 08:33 T/UP H14	Sep 22 2018
Chrg							
NChrg Work							

				•			
		EITH) -		e Attendance F		05/02/2018 - 1	1/02/2018
	MT: 7204 Last Sunday	L Job Assign: HBBAY Monday	Tuesday	t: HB Sub Dis Wednesday	trict BA Thursday	Friday	Saturday
	Sep 23 2018	Sep 24 2018	Sep 25 2018	Sep 26 2018	Sep 27 2018	Sep 28 2018	Sep 29 2018
Event Fext	20:42 SENM 21:01 CALL H62	08:46 T/UP H62 21:01 ACAL H62	08:22 T/UP H62 21:01 ACAL H62	05:26 T/UP H62 21:01 CALL H62	04:19 T/UP H62 23:04 SENM 23:30 CALL HB44	06:07 T/UP HB44 23:30 SCAL HB44	05:30 T/UP HB44 05:30 RDAY 09:55 RDAY 09:55 MKUP 09:55 DISP
hrg					-		
iChrg	·····				-		
Vork							
	Sep 30 2018	Oct 1 2018	Oct 2 2018	Oct 3 2018	Oct 4 2018	Oct 5 2018	Oct 6 2018
Event Text		05:30 MKUP 06:36 NTFV 17:59 SENM	20:30 CALL 23W	07:27 T/UP 23W 19:00 CDS X71 21:22 T/UP X71	20:00 CALL 23W	07:41 T/UP 23W 18:00 CALL 590	03:28 T/UP 590 20:00 CALL 23W
hrg							
Chrg							
Vork							
	Oct 7 2018	Oct 8 2018	Oct 9 2018	Oct 10 2018	Oct 11 2018	Oct 12 2018	Oct 13 2018
Event Text	05:51 T/UP 23W 18:00 CALL 650	03:06 T/UP 650	14:14 SENM 14:30 CALL HB34 20:32 T/UP HB34	14:30 SCAL HB34 20:31 T/UP HB34	15:59 CALL HB32 22:31 T/UP HB32	14:30 SCAL HB34 20:41 T/UP HB34	01:30 SENM 06:38 DISP 06:38 NTFY 07:59 CALL HB48 15:43 T/UP HB48 23:01 SENM
hrg		· · · · · · · · · · · · · · · · · · ·					
iChrg							
Nork							

	· ·	EITH) -		e Attendance		05/02/2018 - 1	1/02/2018
r 1	MT: 7204 Las Sunday	t Job Assign: HBBAY	the second secon		trict BA		
	Oct 14 2018	Monday Oct 15 2018	Tuesday	Wednesday	Thursday	Friday	Saturday
Event Text	07:59 CALL HB08 14:03 T/UP HB08 14:03 RDAY	06:30 CALL HB01 07:15 MKUP 13:45 T/UP HB01	Oct 16 2018 14:05 SENM	Oct 17 2018 06:00 CALL H63 15:00 T/UP H63 21:30 SENM	Oct 18 2018 06:00 CALL H63 16:41 T/UP H63 19:30 DISP 19:30 NTFY	Oct 19 2018	Oct 20 2018
Chrg							
NChrg							
Work							
	Oct 21 2018	Oct 22 2018	Oct 23 2018	Oct 24 2018			······
Event Text	15:51 SENM 20:00 VCLL 591	06:23 T/UP 591 20:00 CALL 508	07:05 T/UP 508	UCT 24 2018	Oct 25 2018 20:00 CALL 23W	Oct 26 2018 08:11 T/UP 23W 21:00 CALL 38A	Oct 27 2018 03:31 T/UP 38A 20:00 CALL 23W
Chrg							
NChrg				-			
Work			1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-				
Event Text	Oct 28 2018 06:03 T/UP 23W	Oct 29 2018 20:00 CALL 23W	Oct 30 2018 07:21 T/UP 23W 19:40 CALL 590	Oct 31 2018 05:45 T/UP 590 09:21 CBIZ	Nov 1 2018 17:00 MKUP	Nov 2 2018	Nov 3 2018
Chrg NChrg	······································						
Work							
						1	

		15	NO SOL	RFOLK JTHERN	Supervisor Evaluation
Date 9	/8/2018 Ot	servation Meth	od: Train	Ride Observation	
Conduc	tor Trainee Name: Gilmon	e EIN:		Days in Training: 38	
Examin	ing Officers Name: M. B	rown EIN:		Title: Sr Terminal Supv	
Train S	ymbol: HB48 Start Tim	e: 1020 Ei	nd Time: 122	5	
Start MI	P: PL91.0 End M	P: PL91.7	T	rain Type: Yard	
Instructio observed	ons for completing form: Enter on the scale of 1(Needs Additio	your observations and al Training) to 5 (Pro	comments belov ficient).	v. Circle the number indicating t	he level of proficiency
1.	Reporting for Work Comments: Consistently shows up a	read of on duty tin	ne	5. (Proficient)	
2.	Safety Attire and Person Comments: Adequate footwear, vest	1		5. (Proficient)	
3.	Job Safety Briefings Comments: Participated, but the com	luctor for this ride	I thought die	3. (Moderate) In't provide good info duri	ng briefings
4.	Switches and Derails Comments: Used correct form, and p	roperly double ch	ecked as requ	3. (Moderate)	
5.	Applying/Releasing Han Comments: Properly uses brake stick		:k off handbr	4 akes	
6.	Signals Comments: No signals encountered	n this ride.		3. (Moderate)	
7.	OR20 and OR22 Comments: Never fouled equipment	without 3 step		3. (Moderate)	
8.	Radio Use Comments: radio communications ar	e getting better		3. (Moderate)	
9.	Mounting/Dismounting Comments: Properly maintained 3 pt			4	
10.	Hand Brakes Comments: Properly uses brakestick	to apply and relea	se brakes	4	
				9 MAINTER MARKAN AND AN	· · · · · · · · · · · · · · · · · · ·

11.	Air Brakes Comments: No brake test were perf	3. (Moderate) ormed, he did learn how to bleed off cars during this ride
12.	Field Repairs Comments: No repairs required dur	3. (Moderate)
13.	Train Documentation Comments: No real consist, just use	3. (Moderate)
14.	Hazardous Materials Comments: Knew that you can only	3. (Moderate) kick 2 hazmats when switching
15.	Train Inspections and T Comments: No inspection required	ests 3. (Moderate)
	Knowledge of Yard/Ter Comments: Still has a was to go, bu	ritory 3. (Moderate) t not too concerned with his progression. Its normal with all to take in
	was not the best ride for	ments: de has been marked up just over a year and is not very good at switching, so this Mr. Gilmore. I interceded when needed to correct questionable training and hat everybody will do the same job different ways but whichever way you choose

	JVS	NOF SOU	RFOLK THERN	Supervisor Evaluation
ate 9/12/2018	Observation	Method: Train F	Ride Observation	
onductor Trainee N	ame: Keith Gilmore	EIN:	Days in Trai	ning: Number.
xamining Officers N	Jame: Zachariah Moore	EIN:	Title: Rail Oper	ration Supervisor
`rain Symbol: HB32	Start Time: 6:35 pm	End Time: 9	9:05 pm	
art MP: PL96 End	I MP: PL96	Train Type: Yard		
	g form: Enter your observatio (Needs Additional Training) t		Circle the number indicating	g the level of proficiency
1. Reporting fo	r Work		5. (Proficient)	
Comments: Mr. Gilmore in a timely n		ptly. He was prepared	d for work with all the r	necessary PPE and job aid
Comments:	e and Personal Protective had all of his PPE and ι		5. (Proficient) y.	
 Job Safety B Comments: Mr. Gilmore 	riefings	briefing in regards to	2 the work that was to be	e performed today
4. Switches and Comments:	d Derails	<u>, ,,,,,</u> <u>T,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	5. (Proficient)	or to throwing the switch
5. Applying/Re Comments: Mr. Gilmore	eleasing Hand Brakes efficiently released car fructions by ensuring that	hand brakes while u	2 sing an NS brake stick.	He properly followed
6. Signals Comments:	vere seen during this yar		Rate on scale of I	
7. OR20 and C Comments: Mr. Gilmore symbol.	and OR22 ents: bilmore requested 3 step protection without any issues utilizing engine number, occupation and job			
8. Radio Use Comments: Mr. Gilmore	e needed prompted with	raido transmissions.	2	
9. Mounting/D Comments:	bismounting Equipment		5. (Proficient)	
	e used 3 points of contac	t when mounting and	d dismounting his engin	le.

10.	Hand Brakes Comments: Mr. Gilmore efficiently an NS brake strick.	4 release and applied hand brakes on cars when lea	ving them unattended while using		
11.	Air Brakes Comments: No brake tests seen dur	Rate on sc	ale of 1-5		
12.	Field Repairs Comments: There were no field rep	Rate on sc airs.	ale of 1-5		
13.	Train Documentation Comments: Mr. Gilmore had all of	3. (Moderation.	ate)		
14.	Hazardous Materials Comments: No hazardous materials	Rate on sc	ale of 1-5		
15.	Train Inspections and T Comments: No brake tests seen dur		ale of 1-5		
	Knowledge of Yard/Te Comments: Mr. Gilmore had genera Street Branch.				
	Additional Officer Con None	ments:			
		ments:			

		MS	NOF SOU	RFOLK THERN	Supervisor Evaluation			
Date 9	/13/2018	Observation M	ethod: Train R	ide Observation				
Conduc	tor Trainee Name	e: Keith Gilmore	EIN:	Days in Traini	ing: Number.			
Examin	ing Officers Nam	e: Zachariah Moore	EIN:	Title: Rail Opera	tion Supervisor			
Train S	Symbol: HB32	Start Time: 4:45 pm	End Time: 8	:35 pm				
tart M	P: PL96 End M	P: PL96 Trai	n Type: Yard					
	<i>x x x</i>	rm: Enter your observations a ds Additional Training) to 5 (Circle the number indicating	the level of proficiency			
1.	Reporting for W	/ork		5. (Proficient)				
	Comments: Mr. Gilmore rep in a timely man		. He was prepared	for work with all the ne	cessary PPE and job aids			
2.	Comments:	d Personal Protective Ec d all of his PPE and utlli		5. (Proficient)				
3.	Job Safety Brief Comments:	-	3. (Moderate)					
			ogive a job briefing in regards to the work that was to be performed today					
4.	Switches and D Comments: Mr. Gilmore op		oth hands. He alwa	5. (Proficient) ays checked the gap prior	r to throwing the switch			
5.		sing Hand Brakes		3. (Moderate)				
				ing an NS brake stick. H ind on terminal tracks ha				
6.	Signals Comments: No signals were	e seen during this yard jo	ıb.	Rate on scale of 1-	5			
7.	OR20 and OR2 Comments:			3. (Moderate)				
	Mr. Gilmore ree symbol.	quested 3 step protection	n without any issu	es utilizing engine numb	er,occupation and job			
8.	Radio Use Comments: Mr. Gilmore ne	eded prompted with raid	lo transmissions.	3. (Moderate)				
9.	Mounting/Dism	nounting Equipment		5. (Proficient)				
	Comments: Mr. Gilmore us	ed 3 points of contact w	hen mounting and	l dismounting his engine.	·			

10.	Hand Brakes Comments: Mr. Gilmore efficiently	5. (Proficient) release and applied hand brakes on cars with no issues.
11.	Air Brakes Comments: No brake tests seen dur	Rate on scale of 1-5
12.	Field Repairs Comments: There were no field rep	Rate on scale of 1-5 airs.
13.	Train Documentation Comments: Mr. Gilmore had all of	3. (Moderate) his approaite documentation.
14.	Hazardous Materials Comments: No hazardous materials	Rate on scale of 1-5 on train.
15.	Train Inspections and T Comments: No brake tests seen dur	
	Knowledge of Yard/Te Comments: Mr. Gilmore had genera Street Branch.	ritory 4 I knowledge of the yard and demonstrated outstanding knowledge of the Presidents
	Additional Officer Con None	iments:



Employee Name Gilmore, Keith Hire Date			Employee Number Hire Location		
8/6/201		10-10,		ore, Bayview Yard	
-	d Location		Division		
Irans - I	HB Div - Baltimore				
1.	Operate Hand Throw Switch	Date 8/23/2018		Supervisor King	
2.	Manually Operate a Power Switch	Date 8/8/2018	· · · · · · · · · · · · · · · · · · ·	Supervisor King	
3.	Operate a switch point derail	Date 8/8/2018		Supervisor King	
4.	derail	Date 8/8/2018		Supervisor King	
5.	Describe normal position of main line switches, siding switches and derails	Date 8/9/2018		Supervisor Focht/Hatchett	
6.	Determine the proper position of cross over switches	Date 8/9/2018	an a	Supervisor Focht/Hatchett	
7.	Determine switch point position	Date 8/23/2018		Supervisor King	
8.	Couple and Uncouple Air Hoses	Date 8/23/2018		Supervisor King	
9.	Can determine proper position and operate angle cocks.	Date 8/23/2018		Supervisor Bartges	
10.	Can bleed air from cars	Date 8/17/2018		Supervisor Caldwell	
11.	Couple and uncouple cars	Date 8/23/2018		Supervisor King	
	Properly align couplers and open knuckle	Date 8/23/2018	an water and a second	Supervisor King	
	Accurately Judge Car Counts and Distance	Date 8/23/2018	<u> </u>	Supervisor King	
	Use hand signals to make coupling and uncoupling	Date 8/23/2018	₩ <u>₩₩₩</u> ₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩₩	Supervisor King	
15.	Properly arrange for 3 step protection	Date 8/23/2018		Supervisor Caldwell	



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16. Define and comply with Blue			Date	Date			Supervisor		
	Signal Protection		8/9/20	18		Focht/Hatch	ett		
17.	17. Identify Stop Signal and how			Date			Supervisor		
	affected with number	- 1	8/22/2	018		Focht/Hatch	ett		
	and without number plate								
18.	18. Identify a Restricting Signal			Date a /aa /aa /a			Supervisor		
				8/22/2018			Focht/Hatchett Supervisor		
19.	19. Identify a Approach Signal			Date 8/22/2018			- 44		
		-	8/22/2			Focht/Hatch	ent		
20	Demonstrate	Date		Supervisor	Date	-	Supervisor		
20.	where to ride on	8/14/20	18	Focht/Hatchett	8/22/201	8	King		
	a tank car	0,14,20	10	rount/natchett	0/22/201	.0	NING		
21.	Demonstrate	Date		Supervisor	Date		Supervisor		
	procedure for		18	1 - 1		18	King		
	crossing over	- -				ŀ	-		
	between coupled								
	cars					1			
22.	Demonstrate	Date 8/14/2018		Supervisor	Date 8/23/2018		Supervisor		
	walking around			Focht/Hatchett			King		
	equipment with								
	10' clearance					•			
			_						
23.	Demonstrate how	Date		Supervisor	Date		Supervisor		
	to wear, operate	8/14/20	18	Bartges	8/23/201	.8	King		
	and test portable radio								
24	Demonstrate how	Date		Supervisor	Date	.	Supervisor		
24,	to initiate an	8/6/201	8	Focht/Hatchett	8/17/201	8	Tinsley		
	emergency	0,0,201	0		0,1,1,20	.0	· marcy		
	transmission								
25.	25. Demonstrate Date			Supervisor Date		· · · · · ·	Supervisor		
	proper procedure	8/14/20	18	Bartges	8/23/201	18	King		
	when closing or								
	ending a radio								
	transmission						·		
26.	Demonstrate use of	Date		Supervisor	Date		Supervisor		
	radio controlling a	8/14/20	18	Bartges	8/23/201	L 8	King		
L	shoving movement			I	L		L		



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for m	onstrate proper proc ounting and dismou notive with luggage		Date 8/14/201	8		Supervisor Tinsley	
for m	Demonstrate proper procedure for mounting and dismounting freight cars.		Date 8/10/2018			Supervisor King	
for ri	onstrate proper proc ding equipment	edure	Date 8/10/201	8		Supervisor King	
30. Demo apply	onstrate how to and release a side ited hand brake	Date 8/14	/2018	Supervisor Focht/Hatchett	Dat 8/1		Supervisor King
apply	onstrate how to and release a al wheel hand	Date 8/14/2018		Supervisor Focht/Hatchett	Date 8/15/2018		Supervisor King
to de	onstrate the ability termine when a brake is applied or sed	Date 8/14/2018		Supervisor Bartges	Date 8/15/2018		Supervisor King
of No	onstrate proper use rfolk Southern Stick	e Date 8/14/2018		Supervisor Focht/Hatchett	Date 8/15/2018		Supervisor King
for se	onstrate procedure curing equipment nattended	Date 8/16	/2018	Supervisor Bartges	Dat 8/1	e 4/2018	Supervisor Bartges
35. Demo proce	onstrate proper dure for cutting out s on a car		Date 8/17/2018			Supervisor Caldwell	
36. Descr Demo Brake	onstrate A6 8)ate /15/20	18	Supervisor Focht/Hatchett	Dat 8/2	te 20/2018	Supervisor Bartges
meth	od for hanging 8 d of Train)ate /14/20	18	Supervisor Focht/Hatchett	Da1 8/2	te 20/2018	Supervisor Caldwell



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38.	Demonstrate understanding of proper positioning of hazardous material cars in train.	Date 8/16/2018	Supervisor Focht/Hatchett	Date 8/17/2018	Supervisor Focht/Hatchett
39.	Demonstrate proper use of Emergency Response Guide Book	Date 8/16/2018	Supervisor Focht/Hatchett	Date 8/17/2018	Supervisor Focht/Hatchett
40.	Demonstrate understanding of required documentation for movement of Hazmat cars.	Date 8/16/2018	Supervisor Focht/Hatchett	Date 8/17/2018	Supervisor Focht/Hatchett