



# ALABAMA EXPORT RAILROAD

**TIMETABLE NO. 1**

**EFFECTIVE 0001  
CENTRAL STANDARD TIME  
October 1, 2019**

**KATE LUCE  
PRESIDENT & CEO**

**MARK MILLER  
VP OF OPERATIONS**

**GENERAL OFFICE  
4519 MCINNIS AVENUE  
MOSS POINT, MS 39563**

## **STATEMENT OF SAFETY POLICY**

**It is the policy of Alabama Export Railroad that its operations be conducted in a safe manner. As an integral part of this policy, the management of Alabama Export Railroad believes that:**

- **All injuries can be prevented**
- **We are committed to provide a safe work environment for all employees**
- **Employees of all levels are accountable for their own safety and the safety of their co-workers, preventing injuries and accidents, and displaying safe work behavior**
- **Remember: No job is so important and no service is so urgent that we cannot take time to perform all work safely.**
- **Working safely is a condition of employment.**

**Employee Daily Safety Commitment:**

**I understand that everything I do involves a risk. It is my responsibility to assure that I use every means available to me to minimize the risk before proceeding with the job.**

**As I begin my work today, I need to remind myself of my commitment to personal safety and the safety of others.**

**I must ensure that I clearly understand the work to be done and what each of my team members will be doing by performing a good job briefing prior to beginning my duties.**

**I know the rules and procedures that apply and I will adhere to them.**

**When I am unsure of how my actions will affect the safety of others or myself, I will STOP until I am sure.**

**I know that returning home today after my tour of duty in good health is the number one priority for myself, my family and loved ones, and I realize the same is true for my fellow workers.**

**I will work efficient, smart, and never jeopardize my safety or that of others for any reason.**

**I will make this 1<sup>st</sup> a safe day and 2<sup>nd</sup> a productive day.**

## RAILROAD DISPATCHING INFORMATION

Nebraska Central Railroad Corporation (NCRC) Dispatching Center in Ft. Worth, TX handles Alabama Export Railroad's (ALE) dispatching functions. All daily operating bulletins (DOB), emergency responses, and signal malfunction notification will be issued through the NCRC facility.

1. NCRC dispatcher phone number is (682) 703-8506. (This is a recorded line for dispatching)
2. NCRC fax number is (817) 737-5886.
3. NCRC emergency number is (866) 737-5886.

All transportation employees will be required to notify NCRC dispatchers when going on and off duty in order for the dispatchers to maintain accurate crew records.

All MOW and signal personnel will be required to report any adjustments pertaining to the Daily Operating Bulletins to the NCRC.

NCRC Call Escalation Contact Procedures  
**(In the event normal contact procedure is inoperative)**

In the event the train dispatcher cannot be contacted because of a **busy signal** or **operator error message**, all callers should follow the escalation call list below:

**First Call: NCRC Chief of Dispatching Operations (682) 321-0970**

**Second Call: ALE Trainmaster (228) 475-8669**

**Third Call: NCRC Emergency Line (866) 777-3388**

## **ALABAMA EXPORT RAILROAD GENERAL INSTRUCTIONS**

### **1. RULE BOOKS IN EFFECT**

- a. GCOR – Seventh Edition
- b. ALE Timetable Number 1 – Effective October 1, 2019
- c. ALE Hazardous Materials Handling
- d. ALE Airbrake Systems Manual (ABS)
- e. ALE Roadway Worker Protection
- f. ALE Safety Manual

### **2. BULLETIN BOARD & STANDARD CLOCK**

- a. Bulletin board and standard clock is located at the ALE crew quarters in Mobile, AL. Employees will synchronize watches with standard clock when starting each tour of duty.

### **3. COMPANY OFFICERS**

Name	Title	Phone Numbers:
Mark Miller	VP of Operations	228-990-4089
Brandon Boyd	Trainmaster	228-381-6396
Matt Fryfogle	Railcar Maintenance Superintendent	228-627-6777
Scott Tanner	Superintendent of MOW	601-508-8374

### **4. RAILROAD CONTACT NUMBERS**

- a. ADMINISTRATION OFFICE..... (228) 475-3322
- b. MAINTENANCE OF WAY ..... (601) 508-8374
- c. TRANSPORTATION OFFICE..... (228)475-8669
- d. TRANSPORTATION OFFICE FAX.....(228) 474-3301

### **5. EMERGENCY TELEPHONE NUMBERS**

- a. UNIVERSAL EMERGENCY NUMBER.....911
- b. TRAINMASTER.....(228) 381-6396
- c. MARK MILLER, VP OF OPERATIONS.....OFFICE: (228) 474-0710  
CELL: (228) 990-4089
- d. Mobile Police Non-Emergency.....(251) 208-7211
- e. Prichard Police Non-Emergency.....(251) 452-7800

### **6. TIME ZONE IN EFFECT**

- a. **Alabama Export Railroad** will use Central Standard Time as shown in Continental Time format.

### **7. ALE Radio Channels**

- a. 050-050
- b. 090-090

**8. FOREIGN RAILROAD CHANNELS**

- a. CN: 072-072
- b. NS: 056-056
- c. CSXT: 084-084, (018-018 Yard)
- d. TASD: 066-066
- e. AGR: 030-030

**9. TABLE OF SPEEDS**

1 MILE INCREMENTS						
<u>MPH</u>	<u>Minutes</u>	<u>Seconds</u>		<u>MPH</u>	<u>Minutes</u>	<u>Seconds</u>
6	10	0		21	2	51
8	7	30		22	2	43
10	6	0		23	2	36
12	5	0		24	2	30
15	4	0		25	2	24
16	3	45		26	2	18
17	3	31		27	2	13
18	3	20		28	2	8
19	3	9		29	2	4
20	3	0		30	2	0
				31	1	56

**10. HARMONIC ROCK**

- a. Under certain conditions, operations of trains between 13 MPH and 19 MPH can cause derailments due to harmonic rocking of cars. Freight trains other than coal trains and trains consisting entirely of empty equipment which cannot maintain a speed of 19 MPH must reduce speed to not exceed 13 MPH until speed can be maintained at 20 MPH or greater. This procedure does not apply to trains operating on an ascending grade where stall may occur. This only applies on jointed rail.

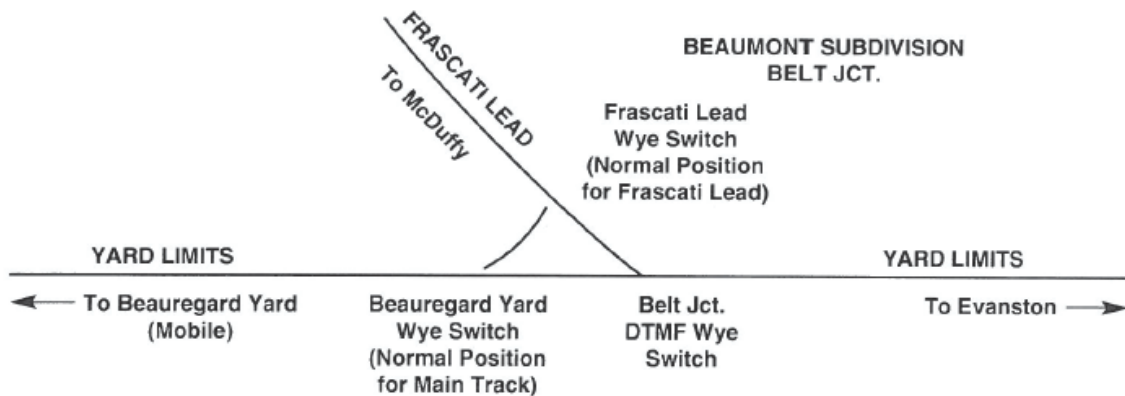
## 11. Mobile Operations

Trains delivering to McDuffie Island will contact the TASD Yardmaster on TASD Channel No. 1 (066-066) prior to arriving at McDuffie for yarding instructions.

Do not put engines through the dump, as they will not clear, close clearances in this track.

Until further notice, McDuffie Island Speed Restriction of **5 MPH** applies to all tracks including Bayside Lead and Virginia Street Lead.

Belt Jct. - Both Frascati Lead Wye and Beauregard Yard Wye Switches must be lined and locked in the normal position when not in use as illustration below:



**Mobile Joint Operations** – ALE operates on the trackage of the Terminal Railroad Alabama State Docks (TASD). ALE operating rules are in effect, except as modified herein.

**TERMINAL RAILROAD ALABAMA STATE DOCKS** – Interchange Yard Tracks T-15 and T-22 at Terminal Railroad Alabama State Docks are designated FRA Excepted Track, USOR Rule 511 applies. ALE trains must obtain permission of the Yardmaster on duty before entering TASD Yard Limits at Frascati Yard. TASD Rule 93 is in effect:

**TASD 93** – Within yard limits tracks may be used and all trains must move on tracks within yard limits prepared to stop within one-half the range of vision seen to be clear, but not exceeding 10 MPH.

When operating to the Terminal Railroad Alabama State Docks Yard, after receiving permission to deliver or pull from the TASD, movement must be made within 30 minutes. If unable to make the move within 30 minutes, additional permission must be obtained from the TASD.

**ALE crews are governed by these instructions** – Trains departing McDuffie Terminal - stop at Stop indication. If no conflicting movement is evident, press the button at the signal, causing signal to clear. If signal does not clear, contact CSX Dispatcher on phone at the signal shanty for further instructions. Trains enroute McDuffie Terminal - Signal should clear as train approaches unless CSX train is in the block. If it does not clear, contact CSX Dispatcher for further instructions.

**Bulletin Board – Mobile Yard Office**

**Yard Speed Restrictions**

MP 6.7 – Forrest Hill Road.....	20
MP 6.7 to MP 6.5-wye.....	10
MP 6.5 to MP 2.....	20
MP 2 to MP 0.....	10
MP 1.2 - CSX Crossing on the Frascati Lead.....	10
Between Belt Jct. (MP 6.3) and CSX Crossing (MP 1.1)on the Frascati Lead.....	20

**Non Main Track** - Trackage south of MP 2 is designated Non-Main Track.

**FREIGHT CAR WEIGHT RESTRICTIONS**

- Heaviest 4 axle car permitted - 286,000 lbs.
- ALE Mobile Terminal DOB in effect on Beaumont Sub between MP 8 and MP 0

**YARD LIMITS** – In effect between MP 6.7 and MP 2

**CTC - in effect between** Francis and Forrest Hill Road

**12. RAILROAD CROSSINGS AT GRADE AND JUNCTIONS**





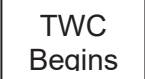



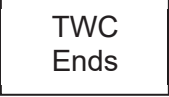











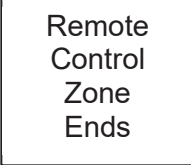



<b>RAILROAD CROSSINGS AT GRADE</b>	<b>Controlled by</b>
Frascati Lead . . . . . CSX Crossing.....	Automatic **
Mobile . . . . . NS Crossing.....	GCOR RULE 6.16

**\*\*ALE crew members are governed by these instructions:**

A time release Push Button for the ALE interlocking route is located in the Control Box located at the diamond for both Northbound and Southbound Movements, secured with **ALE** locks.



## STANDARD ROADWAY SIGNS

APPEARANCE	INDICATION	APPEARANCE	INDICATION
   	YARD LIMIT		TWC Begins
<p>Yellow &amp; Red Flag Protecting Men &amp; Equipment</p>  Yellow Flag  Red Flag  Green Flag	TWC Ends		TWC Ends
 OR 	Station Name Sign	 OR 	Mileage
    <p>Begin Whistle and Bell for grade crossing</p>	 <p>Indicates number of crossings requiring whistle</p>		Remote Control Zone Begins
	Derail		Remote Control Zone Ends
<p><b>PERMANENT SPEED RESTRICTION SIGN</b></p>   <p>Signs will be placed at the beginning of permanent speed restrictions. Sign may be any shape or color.</p>		<p><b>PERMANENT RESUME SPEED SIGN</b></p>  <p>Indicates the end of a permanent speed restriction.</p>	

## Beauregard Crossing Inventory

MP 1.00	Yard Crossing	DOT 931901T	Private	Mobile
MP 2.04	Gulf Lumber	DOT 303620C	Private	Mobile
MP 2.56	Bay Bridge Road	DOT 908208B	Public	Prichard
MP 2.94	Dr. M.L.King Drive	DOT 303630H	Public	Prichard
MP 3.24	Wilson Avenue	DOT 303631P	Public	Prichard
MP 4.20	Main Street	DOT 304239E	Public	Prichard
MP 4.70	US Highway 45	DOT 304235C	Public	Prichard
MP 5.02	Wellington Street	DOT 304234V	Public	Prichard
MP 5.30	Main Street	DOT 304233N	Public	Prichard
MP 6.54	South Wye Moffett Rd.	DOT 304231A	Public	Mobile
MP 6.65	North Wye Moffett Rd.	DOT 304232G	Public	Mobile

## Frascati Lead Crossing Inventory

MP 1.35	Scott Street	DOT 304181Y	Public	Mobile
MP 1.50	Washington Avenue	DOT 304182F	Public	Mobile
MP 1.55	S. Broad Street	DOT 304183M	Public	Mobile
MP 1.64	Marine Street	DOT 304184U	Public	Mobile
MP 1.80	Gayle Street	DOT 304185B	Public	Mobile
MP 1.95	Owens Street	DOT 304186H	Public	Mobile
MP 2.10	S. Ann Street	DOT 307187P	Public	Mobile
MP 2.25	Michigan Avenue	DOT 304189D	Public	Mobile
MP 2.45	East Dublin	DOT 304192L	Public	Mobile
MP 2.84	Weinacker Avenue	DOT 304193T	Public	Mobile
MP 2.86	Old Canal Street	DOT 304194A	Public	Mobile
MP 3.11	Houston Street	DOT 304195G	Public	Mobile
MP 3.19	Lesesne Street	DOT 304196N	Public	Mobile
MP 3.27	Duncan St./Rickarby St.	DOT 304197V	Public	Mobile
MP 3.35	Cherokee Street	DOT 304198C	Public	Mobile
MP 3.52	Dauphin Island Pkwy	DOT 304199J	Public	Mobile
MP 3.55	Government Street	DOT 304200B	Public	Mobile
MP 3.64	Airport Blvd.	DOT 304201H	Public	Mobile
MP 3.80	Glenwood Street	DOT 304215R	Public	Mobile
MP 3.85	Old Gov't Street	DOT 304216X	Public	Mobile
MP 3.88	Mohawk Street	DOT 304217E	Public	Mobile
MP 3.98	Clearmont Avenue	DOT 304218L	Public	Mobile
MP 4.05	Westwood Avenue	DOT 304219T	Public	Mobile
MP 4.22	Emogene Street	DOT 304220M	Public	Mobile
MP 4.35	GAF Plant	DOT 304221U	Private	Mobile
MP 4.50	GAF Plant North	DOT 304223H	Private	Mobile
MP 4.60	S. Florida Street	DOT 304224P	Public	Mobile
MP 4.86	Dauphin Street	DOT 304225W	Public	Mobile
MP 4.88	Mobile Street	DOT 304226D	Public	Mobile
MP 5.70	Sage Avenue	DOT 304228S	Public	Mobile
MP 6.10	Durant Street	DOT 304229Y	Public	Mobile
MP 6.20	Springhill Avenue	DOT 304230T	Public	Mobile