

Officer Garwood 72-hour Summary

Saturday, February 19th, 2022 - day 1 of 3 for work. (1500 hours-0330 hours)

Woke up around 0400 hours.

Traveled to work from Spokane, Washington airport to Long Beach, California airport. Flight was 0600 hours arriving at 1230 hours. Slept on both flights to Long Beach.

Friday, February 18th, 2022: Day Off

Woke up around 0800 hours.

Breakfast in the morning, lunch around noon, and dinner in the early evening.

Nothing significant during the day, mostly chores around the house and worked on vehicle.

Went to sleep around 2100 hours.

Thursday, February 17th, 2022: Day Off

Woke up around 0630 hours.

Breakfast in the morning, lunch around noon, and dinner in the early evening.

Normal day with chores and work around the house.

Went to sleep around 2100 hours-2200 hours.

Wednesday, February 16th, 2022: Day Off

Woke up around 0630 hours.

Breakfast in the morning, lunch around noon, and dinner in the early evening.

Chores around the house, smoked ribs most of the afternoon-early evening. Had ribs for dinner.

Went to sleep around 2100 hours-2200 hours.