

FALL BWS

# 2016 TriRail Roadway Worker Protection Program

## Class Sign-in

Inst Gary Gibson

Location: Miami, FL

Date: March 10, 2016

Name	Signature	Company Name/Address	Phone	Score
1 Armstrong, Mark ✓	[Redacted]	[Redacted]	[Redacted]	96 100
2 Bickford, David ✓	[Redacted]	[Redacted]	[Redacted]	96 100
3 Carvajal, Jaun ✓	[Redacted]	[Redacted]	[Redacted]	100 100
4 Drako, Alexander ✓	[Redacted]	[Redacted]	[Redacted]	96 100
5 Edwards, Trayvaughn ✓	[Redacted]	[Redacted]	[Redacted]	96 100
6 Ferran, Rodolfo ✓	[Redacted]	[Redacted]	[Redacted]	96 100
7 Gates, Allyn ✓	[Redacted]	[Redacted]	[Redacted]	96 100
8 Mathurin, Maxwell ✓	[Redacted]	[Redacted]	[Redacted]	100 100
9 McVey, Jason ✓	[Redacted]	[Redacted]	[Redacted]	92 100
10 Nutick, David ✓	[Redacted]	[Redacted]	[Redacted]	96 100
11 Pedro, Levensait ✓	[Redacted]	[Redacted]	[Redacted]	100 100
12 Perez, Alberto ✓	[Redacted]	[Redacted]	[Redacted]	100 100

### TRAINING ATTENDANCE ROSTER

Course Name:	SFRTA Operating Rules	Date:	2/3/2016
Course Number:		Start Time:	07:30 am
Location:	VTMI Miami HQ	Finish Time:	15-00pm
Instructor(s):	Steve Ramsey -RWT	Total Hours:	

Name (Please print carefully)	Department	Position
1. MATTHEW SEARIST	SIGNAL	MAINTAINER
2. David Nutick	COMMS	COMM TECH
3. LEVENSAIT PEDRO	SIG	SIG MAINTAINER
4. Rodolfo Ferrán	Sig	Sig MTR
5. John Gabric	SIG	SIG MTR
6. ALBERTO PEREZ	SIG	SIG INSP.
7. JIM DUNCAN	Cont	Foreman
8. Chris Johnson	ENG.	Machine Oper.
9. Jonathan Canty		
10. Trayvahn Edwards		
11. ALLYN C. GATES III	BRIDGE	BRIDGE TENDER
12. CARLOS IIBSCAS	ENG	TRACK INSPECTOR
13. Juan Carvajal	Cont	Flagman
14. CHUCK HOLLIS	Eng	VEH OPER
15.		
16.		
17.		
18.		
19.		
20.		

# 2015 Engineering Operating Rules

96

## Answer Sheet

Part one: OPTS code ST15ER1

Part two: OPTS code ST15ER2

Name: ALBERTO PEREZ

Date: 2/3/2016

Employee ID Number: [REDACTED]

Class Location: HINCEAH

MARK AN "X" THROUGH YOUR SELECTIONS

1.  A  B  C  D
2.  A  B  C  D
3.  A  B  C  D
4.  A  B  C  D
5.  A  B  C  D
6.  A  B  C  D
7.  A  B  C  D
8.  A  B  C  D
9.  A  B  C  D
10.  A  B  C  D
11.  A  B  C  D
12.  A  B  C  D
13.  A  B  C  D
14.  A  B  C  D
15.  A  B  C  D
16.  A  B  C  D
17.  A  B  C  D
18.  A  B  C  D
19.  A  B  C  D
20.  A  B  C  D
21.  A  B  C  D
22.  A  B  C  D
23.  A  B  C  D
24.  A  B  C  D
25.  A  B  C  D

26.  A  B  C  D
27.  A  B  C  D
28.  A  B  C  D
29.  A  B  C  D
30.  A  B  C  D
31.  A  B  C  D
32.  A  B  C  D
33.  A  B  C  D
34.  A  B  C  D
35.  A  B  C  D
36.  A  B  C  D
37.  A  B  C  D
38.  A  B  C  D
39.  A  B  C  D
40.  A  B  C  D
41.  A  B  C  D
42.  A  B  C  D
43.  A  B  C  D
44.  A  B  C  D
45.  A  B  C  D
46.  A  B  C  D
47.  A  B  C  D
48.  A  B  C  D
49.  A  B  C  D
50.  A  B  C  D

2016 CSX Contractor Safety & Roadway Worker Protection  
Final Exam Answer Sheet

100

Name: ALBERTO PEREZ  
(Print)

Date: MAR 10 2016

- 1)  a  b  c  d
- 2)  a  b  c  d
- 3)  a  b  c  d
- 4)  a  b  c  d
- 5)  a  b  c  d
- 6)  a  b  c  d
- 7)  a  b  c  d
- 8)  a  b  c  d
- 9)  a  b  c  d
- 10)  a  b  c  d
- 11)  a  b  c  d
- 12)  a  b  c  d
- 13)  a  b  c  d
- 14)  a  b  c  d
- 15)  a  b  c  d
- 16)  a  b  c  d
- 17)  a  b  c  d
- 18)  a  b  c  d
- 19)  a  b  c  d
- 20)  a  b  c  d
- 21)  a  b  c  d
- 22)  a  b  c  d
- 23)  a  b  c  d
- 24)  a  b  c  d
- 25)  a  b  c  d

# Fall Protection Exam

Name:

ALBERTO PEREZ

Company:

VTMI

Date:

3/10/2016

In answering the questions in this exam assume the bridge is 12 feet or greater in both height and length. You are asked to determine when Fall Protection is required:

1. Fall Protection is not needed when work is performed between the rails (6 feet from any hole greater than 1' x 1') with no weight-bearing portion of your body outside of the rails.

- A. True  
B. False

2. Fall Protection is not needed when bridge is protected by standard walkways and handrails.

- A. True  
B. False

3. Fall Restraint cannot be used on a bridge when one rail is removed.

- A. True  
B. False

4. Anytime a rail is removed from a bridge greater than 12 feet in height Fall Arrest Protection is required.

- A. True  
B. False

5. A ladder, rescue crane or boom truck can be used as a rescue system?

- A. True  
B. False

6. How close can I get to the edge of an opening or wing wall without fall protection?

- A. 4 feet  
 B. 6 feet  
C. 10 feet

7. When a fall protection harness is impact loaded it must be removed from service.

- A. True  
B. False

8. Fall protection equipment must be inspected prior to and after use.

- A. True  
B. False

## Fall Protection Exam

9. Snap-hooks may be connected to each other to provide extra length to a lanyard.

- A. True
- B. False

10. The attachment point of a personal fall arrest system must be located in the center of the back between the shoulders.

- A. True
- B. False

11. It is permissible to wrap your lanyard around the rail and back to itself as an anchorage point if you do not have a rail slider available.

- A. True
- B. False

12. A track inspector can use fall restraint to replace or tighten the bolts when using a wrench inside and outside the rail when alone without a rescue plan?

- A. True
- B. False

13. Fall Protection is not required to use a spike maul to drive spikes in the gauge of the track.

- A. True
- B. False

14. Fall Arrest protection cannot be used under any circumstance while working alone.

- A. True
- B. False

15. The Job Briefing must include a review of the written Rescue plan when using Fall Arrest.

- A. True
- B. False