

Southwest Airlines  
Burbank, CA  
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**National Transportation Safety Board**  
Washington, DC

**Attachment 1**

Excerpts from Southwest Airlines flight attendant manual pertaining to takeoff and landing procedures.

2 pages

### F/A BRACE POSITIONS AND 30-SECOND REVIEW

To ensure the highest degree of safety, prior to every takeoff and landing, Flight Attendants must:

1. Assume their brace position on their jumpseat.
2. "Do a silent "30-Second Review".

#### **Flight Attendant Brace Positions**

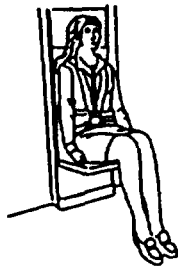
All Flight Attendants will assume the appropriate brace position for every take-off and landing.

#### Forward Jumpseat

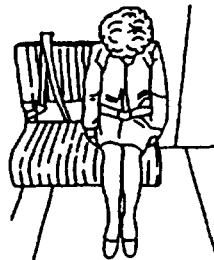
1. Shoulder harness and seatbelt securely fastened with seatbelt tight and low across hips. Buckle in center of lap.
2. Feet flat on the floor but not under jumpseat.
3. Head resting against seatback.
4. Sit on hands, palms up.

#### Aft Jumpseat

1. Shoulder harness and seatbelt securely fastened with seatbelt tight and low across hips. Buckle in center of lap.
2. Feet flat on the floor but not under jumpseat.
3. Chin resting on chest.
4. Sit on hands, palms up.



FORWARD



AFT

**30-Second Review**

Once Flight Attendants have assumed their brace positions on the jumpseat, they will do a silent "30-Second Review" covering the following information:

1. What is my brace position and the brace command?
2. Stay in the brace position until the aircraft comes to a complete stop and the Captain initiates an evacuation.
3. Operation of assigned exit
4. Exit blocked procedures
5. Evacuation commands