

94. Responsibilities of Employees: Signals and Restrictions

a. General Requirements

Employees qualified on the operating rules and located on the leading engine or car must be on the lookout for signals affecting the movement of their train. They must communicate to each other in a clear manner the name of each signal as soon as it becomes clearly visible. Any discrepancy regarding the signal name must be reconciled immediately; otherwise, the train must be stopped. After the name of a signal has been communicated, employees must observe it until passed. Any change in the signal must be communicated in the required manner.

When a train reaches a point 2 miles from a temporary restriction, employees qualified on physical characteristics and located on the leading engine or car must immediately communicate with the Engineer and confirm the requirements of the restriction.

If a train is not operated in accordance with the requirements of a signal indication or restriction, qualified employees located on the leading engine or car must communicate with the Engineer immediately. If necessary, they must stop the train.

b. Calling Signals on Push Pull Trains

The following requirements apply to push-pull trains that do not have cab signals in service for the direction of movement, and are operating in territory where the maximum speed of trains exceeds 30 MPH:

- When a wayside signal affecting the movement of the train displays an Approach, Medium Approach, Slow Approach, Restricting, or Stop and Proceed aspect, the
 Engineer must verbally communicate to a qualified employee on the engine or train the name and location of each signal, as soon as the signal is clearly visible. In multiple
 track territory, the Engineer must include the track number.
- The qualified employee must repeat the signal information to the Engineer. If the qualified employee fails to repeat the required signal information, the Engineer must determine the reason at the next station stop.
- 3. If the Engineer fails to properly control the speed of the train, the qualified employee must immediately communicate with the Engineer. If necessary, the qualified employee must stop the train.
- 4. The next signal, when more favorable, must also be communicated by the Engineer.

NAME: CLEAR TO NEXT INTERLOCKING NAME: STOP SIGNAL RIII F 280a RUI F 292 INDICATION: Trains with inoperative cab signals, automatic train stop or speed INDICATION: STOP control must proceed on fixed signal indication, (and cab signal indication, if NAME: DIVERTING SIGNAL operable) not exceeding 79 MPH. SI ME 277-2 INDICATION: When Lunar White light is displayed, the route is lined for Tracks Trains with inoperative cab signals must approach the next home signal prepared to 5 or 6 at Kearny Jct. Trains not equipped to operate in 11Kv territory, or not destined to operate to Swift Interlocking, must not accept this signal, and the Engineer must stop, unless Approach Normal (Rule 280b) is displayed on a distant signal prior to the home signal. contact the Dispatcher for instructions RULE 280b NAME: APPROACH NORMAL INDICATION: Trains without operative cab signals must proceed on fixed signal SI CR 277 NAME: PASSENGER TRAIN SIGNAL (NK to CP ALDENE) indication not exceeding 79 MPH. INDICATION: Route is lined for passenger train **RULE 281 RULE 296** NAME: APPROACH PERMANENT SPEED LIMIT SIGN INDICATION: Proceed not exceeding Normal Speed. INDICATION: Proceed prepared to operate at posted speed through permanent speed **RULE 281a** NAME: CAR SPEED NOTE: In electrified territory, this sign will be mounted in the catenary system; in non-INDICATION: Proceed in accordance with cab signal indication. Reduce speed electrified territory, this sign will be mounted on an overhead bridge or on a pole approximately 12 feet above the top of the rail. to not exceeding 60 MPH if Cab Speed cab signal is displayed without a signal speed, or if cab signals are not operative. RULE 296a NAME: APPROACH SPEED LIMIT SIGN **RULE 281b** NAME: APPROACH LIMITED INDICATION: Approach the Speed Limit Sign at a speed not exceeding the speed posted INDICATION: Proceed approaching the next signal at Limited Speed. on the Approach Speed Limit Sign. Where a sign with two sets of numerals is posted, the higher speed applies to passenger trains, and the lower speed applies to freight trains. RUI F 281c NAME: LIMITED CLEAR INDICATION: Proceed at Limited Speed until entire train clears all interlocking RULE 296b SPEED LIMIT SIGN or spring switches, then proceed at Normal Speed. INDICATION: Approach the Speed Limit Sign at a speed not exceeding the speed posted on the Approach Speed Limit Sign. Where a sign with two sets of numerals is posted, the higher speed applies to passenger trains, and the lower speed applies to freight trains. In CSS territory with fixed automatic block signals, trains not equipped with operative cab signals must approach the next signal at Limited Speed. RULE 296c NAME: RESUME SPEED SIGN **RULE 282** NAME: APPROACH MEDIUM INDICATION: Resume speed after the entire train has passed the Resume Speed INDICATION: Proceed approaching the next signal at Medium Speed. Sign. **RULE 282a** NAME: ADVANCE APPROACH RULE 296d NAME: DIVERGING APPROACH SPEED LIMIT SIGN INDICATION: If routed to affected track, approach the Speed Limit Sign not INDICATION: Proceed prepared to stop at the second signal. Trains exceeding Limited Speed must begin reduction to Limited Speed as soon as engine passes the exceeding the speed on the Diverging Approach Speed Limit Sign. Advance Approach signal. **RULE 297** NAME: APPROACH SIGN **RULE 283** NAME: MEDIUM CLEAR INDICATION: Proceed prepared to stop at the Stop Sign. Trains exceeding Medium INDICATION: Proceed at Medium Speed until entire train clears all interlocking or Speed must begin reduction to Medium Speed as soon as the engine passes the spring switches, then proceed at Normal Speed. Approach Sign. In CSS territory with fixed automatic block signals, trains not equipped with operative NAME: STOP SIGN RULE 297a cab signals must approach the next signal at Medium Speed. INDICATION: Stop, unless permission is received as prescribed by Rule 135. RULE 283a NAME: MEDIUM APPROACH MEDIUM **RULE 297b** NAME: WORKING LIMITS SPEED LIMIT SIGN INDICATION: Proceed at Medium Speed until entire train clears all interlocking or spring switches, then approach the next signal at Medium Speed. Trains exceeding Medium Speed must begin reduction to Medium Speed as soon as **INDICATION:** Proceed not exceeding 30 MPH until passing a Working Limits Resume Speed Sign, unless otherwise instructed by the employee in charge. **RULE 297c** NAME: WORKING LIMITS RESUME SPEED SIGN the Medium Approach Medium signal is clearly visible. INDICATION: Resume speed after the entire train has passed the Working Limits **RULE 284** NAME: APPROACH SLOW Resume Speed Sign. INDICATION: Proceed approaching the next signal at Slow Speed. Trains exceeding Medium Speed must begin reduction to Medium Speed as soon as RULE 297d NAME: DIVERGING APPROACH SIGN the engine passes the Approach Slow signal. INDICATION: If routed to affected track, proceed prepared to stop at the Stop Sign. Trains exceeding Medium Speed must begin reduction to Medium Speed as soon **RULE 285** NAME: APPROACH as the engine passes the Diverging Approach Sign. INDICATION: Proceed prepared to stop at the next signal. Trains exceeding Medium Speed must begin reduction to Medium Speed as soon as the engine passes the **RULE 298** NAME: DISTANT SIGNAL MARKER INDICATION: Visual reminder to push-pull trains that Rule 504(b) applies in the block Approach signal governed by this signal. **RULE 286** NAME: MEDIUM APPROACH NOTE: Located on or near the mast of distant signals in territory where push-pull INDICATION: Proceed prepared to stop at the next signal. Trains exceeding Medium trains operate, cab signals are not in service, and the maximum speed of trains exceeds Speed must begin reduction to Medium Speed as soon as the Medium Approach signal is clearly visible RULE 298a NAME: DELAY IN BLOCK SIGN **RULE 287** NAME: SLOW CLEAR INDICATION: Visual reminder to push-pull trains that Rule 504(b) applies to station INDICATION: Proceed at Slow Speed until entire train clears all interlocking or stops made at this station spring switches, then proceed at Normal Speed. NOTE: Located at or near the end of passenger stations in blocks between distant signals and home signals in territory where push-pull trains operate, cab signals are not in service, and the maximum speed of trains exceeds 30 MPH. In CSS territory with fixed signals, trains not equipped with operative cab signals must approach the next signal at Medium Speed once they have left interlocking limits. NAME: WHISTLE POST RULE 19b INDICATION: SEE NORAC RULE 19 **RULE 288** INDICATION: Proceed prepared to stop at next signal. Slow Speed applies until entire train clears all interlocking or spring switches, then Medium Speed applies NAME: STOP OBSTRUCTION SIGN SI 80-1 INDICATION: The sign is used to test that part of Restricted Speed requiring an **RULE 290** NAME: RESTRICTING employee to stop short of an obstruction while operating at Restricted Speed. The sign can be expected to be found anywhere equipment is required to operate at Restricted Speed INDICATION: Proceed at Restricted Speed until the entire train has cleared all interlocking and spring switches (if signal is an interlocking or CP Signal) and the leading wheels (SI 290-1) have: **RULE 93** NAME: YARD LIMIT SIGN INDICATION: In effect on main tracks designated by Timetable and indicated by yard limit signs. SEE NORAC RULE 93. 1. Passed a more favorable fixed signal. Entered non-signaled DCS territory. SI 133-1 NAME: BARRICADE SIGN In CSS territory, trains with operative cab signals must not increase speed until the train has run one train length or 500 feet (whichever distance is greater), past a INDICATION: May be used to identify the extent of the Working Limits. location where a more favorable cab signal was received. SI 278-1 NAME: STATION CONSTRUCTION SIGN INDICATION: When a station platform is being rehabilitated, sign will be erected to NAME: STOP AND PROCEED INDICATION: Stop, then proceed at Restricted Speed until the entire train has cleared all **RULE 291** protect the construction. The black letter "E"or"S" on an orange background placed on a sign indicates trains making station stop must handle passengers east or south of the sign. The black letter "W"or"N" on an orange background placed on a sign indicates interlocking and spring switches (if signal is an interlocking or CP signal) and the leading

trains making station stop must handle passengers west or north of the sign. Stations affected in this manner will be shown in Bulletin Orders.

wheels (SI 291-1) have:

 Passed a more favorable fixed signal, OR
 Entered non-signaled DCS territory.

a more favorable cab signal was received.

In CSS territory, trains with operative cab signals must not increase their speed until they have run one train length or 500 feet (whichever distance is greater) past a location where