



**Motor Carrier Attachment**

**Information on Firstcheckfamily.com Home Drug Testing**

**Crozet, Virginia January 31, 2018**

**HWY18MH005**

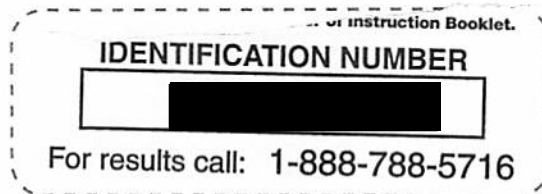
(5 pages)

## Retrieving Your Confidential Laboratory Results

Results will be ready 5 to 7 days after the sample is received in our laboratory.

- Dial **1-888-788-5716** or log onto [www.firstcheckfamily.com](http://www.firstcheckfamily.com)
- You can receive your results 24 hours a day, seven days a week.

**IMPORTANT:** You will be asked for the Identification Number you placed on this insert, so have it ready when you call or log on. All calls will remain strictly confidential.



## Cut-off Level/Approximate Detection Time Grid

Drug/Identifier	Cut-off Level†	Minimum	Maximum
Marijuana (THC)	50 ng/ml	2 hours	Up to 40+ days
Cocaine (COC)	300 ng/ml	1-4 hours	2-4 days
Methamphetamine (MET)	1000 ng/ml	2-7 hours	2-4 days
Amphetamines (AMP)	1000 ng/ml	2-7 hours	2-4 days
Ecstasy (MDMA)	500 ng/ml	2-7 hours	2-4 days
Opiates (heroin) (OPI)	2000 ng/ml	2 hours	2-3 days
Phencyclidine (PCP)	25 ng/ml	4-6 hours	7-14 days
Benzodiazepines (BZO)	300 ng/ml	2-7 hours	1-4 days
Methadone (MTD)	300 ng/ml	3-8 hours	1-3 days
Barbiturates (BAR)	300 ng/ml	2-4 hours	1-3 weeks
Tricyclic Antidepressants (TCA)	1000 ng/ml	8-12 hours	2-7 days
Oxycodone (OXY)	100 ng/ml	1-3 hours	1-2 days

†First Check® Home Drug Tests use specific "cut-off" levels. Screening tests may not detect amounts of drugs in a sample that are below the cut-off level. Even though some level of drug may be present in a sample, the sample would still be considered a **Negative Result** if the drug level is below the cut-off level.

## Help & Support Information

Here are a few helpful resources on drug abuse prevention and recovery programs you may find useful.



**Questions?** Call our toll-free Help Line at **1-888-788-5716**. Monday - Friday 8:30 a.m. - 5:00 p.m. Eastern Time. Our professional staff is available to assist you. Visit us online at [www.firstcheckfamily.com](http://www.firstcheckfamily.com)



**HANLEY CENTER**

*Help becomes hope.*

[www.hanleycenter.org](http://www.hanleycenter.org)

If positive results are confirmed, please contact your doctor or healthcare professional to discuss options for treating substance abuse.



[www.notmykid.org](http://www.notmykid.org)

First Check is offering these resources for informational purposes only, and is in no way affiliated with any of the entities that provide the resources.



For in vitro diagnostic use. For external use only. Store at 40°F - 86°F (4°C - 30°C). Do not freeze. Manufactured for First Check Diagnostics, LLC Waltham, MA 02453.

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# FIRST CHECK®

## IMPORTANT NOTE:

When reading your results, a line appearing next to the word Drug represents a **Negative Result**. **NO** line appearing next to the word Drug represents a **Preliminary Positive Result**.

**First Check®** Home Drug Tests offer a variety of solutions for fast, accurate and reliable drug testing in the privacy of your own home. Depending on the test you have purchased, First Check® Home Drug Tests can detect the possible use of up to 7 illicit and 5 prescription drugs that are most commonly abused.

## Before You Test

- Read these instructions completely.
- Have a watch, clock or timer available.
- Check expiration date on the box. Do not use if product has expired.
- In order to test in your home, you will only need these items:
  - Test Lid (in foil pouch)
  - Collection Cup
  - Insert
- Set aside these items, they will only be needed if you choose to ship the sample for confidential confirmatory lab testing:
  - Pre-addressed Mailing Box
  - Plastic Transportation Bag
  - Identification Label

## Step 1 Take the Test

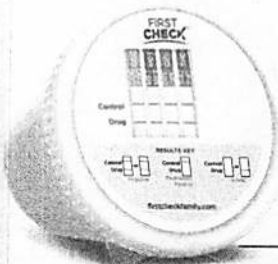
- When you are ready to test, remove the Test Lid from the sealed foil pouch.



- Remove plastic wrapper from the Collection Cup. Fill the Cup with urine to at least the minimum urine level line.

## Step 2 Activate Test

- Twist the Test Lid securely on to the Collection Cup. Ensure the lid is fastened tightly.



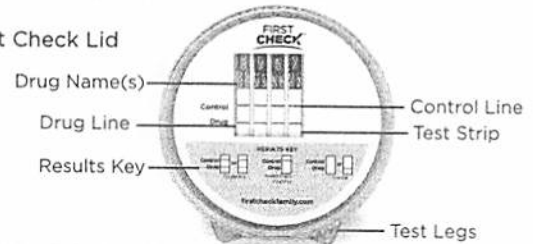
- Activate the test by tipping the Collection Cup on its side, resting the Test Legs on a flat surface. The First Check logo should be facing up as shown.

## Step 3 Read Your Results



- You can read your results after 5 minutes, but do not wait longer than 10 minutes.
- A red or pink colored line must appear next to the word Control to indicate the test has worked correctly.

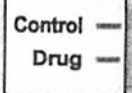
First Check Lid



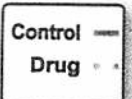
### NO DRUG DETECTED

#### Negative Result

A red or pink colored line next to the word Control **AND** a red or pink colored line next to the word Drug indicates a **Negative Result** for that drug, regardless of how dark or faint the lines may appear.



OR

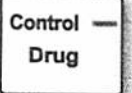


No further testing is required.

### DRUG DETECTED

#### Preliminary Positive Result

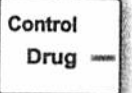
A red or pink colored line next to the word Control and **NO** line next to the word Drug indicates a **Preliminary Positive Result** for that drug.



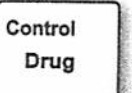
### INVALID RESULT



If after 10 minutes **NO** line appears next to the word Control, the result is **Invalid**.



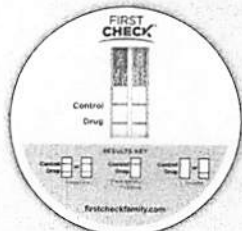
OR



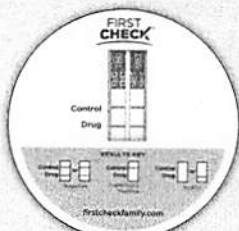
# Understanding Your Test

## Standard Drug Tests: Illicit Drugs Only

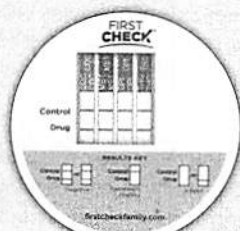
If you purchased one of the following tests, your Test Lid will have 1 Drug Name identified on each Test Strip.



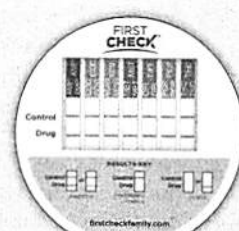
■ **2 Drugs Tested:**  
Marijuana (THC) and Cocaine (COC)



■ **2 Drugs Tested:**  
Marijuana (THC) and Methamphetamine (MET)

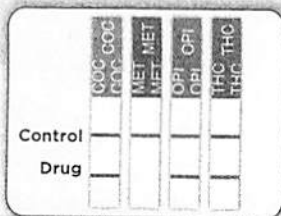


■ **4 Drugs Tested:**  
Marijuana (THC), Cocaine (COC), Opiates (heroin) (OPI) and Methamphetamine (MET)



■ **7 Drugs Tested:**  
Marijuana (THC), Cocaine (COC), Opiates (heroin) (OPI), Methamphetamine (MET), Ecstasy (MDMA), Amphetamines (AMP) and Phencyclidine (PCP)

### Drug Test Results Area

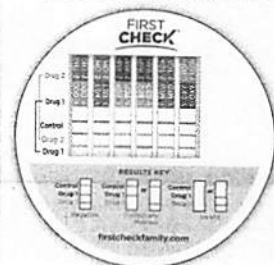


- This example shows a **Preliminary Positive Result** for Methamphetamine (MET) because there is **NO** line next to the word Drug on the second Test Strip.
- This example also shows a **Negative Result** for all other drugs.

## Complete Drug Test: Illicit and Prescription Drugs

The complete First Check® Home Drug Test kit tests for 12 drugs, 7 illicit and 5 prescription.

The Test Lid has 6 Test Strips in total. Each has 2 Drug Names per Test Strip. They will be identified as Drug 1 and Drug 2.



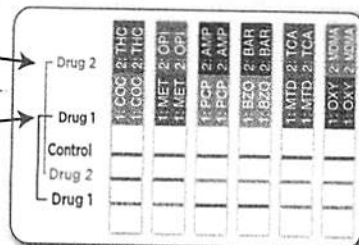
### 12 Drugs Tested:

**7 Illicit:**  
Marijuana (THC)  
Cocaine (COC)  
Opiates (heroin) (OPI)  
Methamphetamine (MET)  
Ecstasy (MDMA)  
Amphetamines (AMP)  
Phencyclidine (PCP)

**5 Prescription:**  
Tricyclic Antidepressants (TCA)  
Barbiturates (BAR)  
Benzodiazepines (BZO)  
Methadone (MTD)  
Oxycodone (OXY)

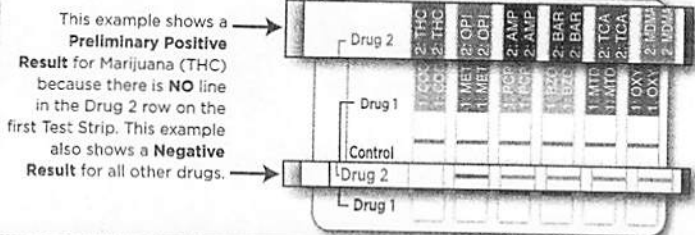
**Drug 2 row tests for:**  
THC, OPI, AMP, BAR, TCA, MDMA

**Drug 1 row tests for:**  
COC, MET, PCP, BZO, MTD, OXY



### Drug Test Results Area

- If you have 3 lines in a Test Strip column, you have received a **NEGATIVE** result for both Drug 1 and Drug 2 on that Test Strip.
- If there is **NO** line in the middle row, that indicates a **Preliminary Positive Result** for Drug 2 on that Test Strip. Match Drug 2 to the Drug Name indicated on that Test Strip.
- If there is **NO** line in the bottom row, that indicates a **Preliminary Positive Result** for Drug 1 on that Test Strip. Match the Drug 1 line to the Drug Name indicated on that Test Strip.



This example shows a **Preliminary Positive Result** for Marijuana (THC) because there is **NO** line in the Drug 2 row on the first Test Strip. This example also shows a **Negative Result** for all other drugs.

This example shows a **Preliminary Positive Result** for Oxycodone (OXY) because there is **NO** line in the Drug 1 row on the sixth Test Strip. This example also shows a **Negative Result** for all other drugs.

## Questions?

Call our toll-free Help Line at 1-888-788-5716.

Monday - Friday  
8:30 a.m. - 5:00 p.m.  
Eastern Time.

Our professional staff is available to assist you.

Visit us online at [www.firstcheckfamily.com](http://www.firstcheckfamily.com)

## Drug Abbreviations

### Illicit Drugs

Identifier	Drug
THC	Marijuana
COC	Cocaine
MET	Methamphetamine
AMP	Amphetamines
MDMA	Ecstasy
OPI	Opiates (heroin)
PCP	Phencyclidine

### Prescription Drugs

Identifier	Drug
BZO	Benzodiazepines
MTD	Methadone
BAR	Barbiturates
TCA	Tricyclic Antidepressants
OXY	Oxycodone

## Questions & Answers

### 1. The Drug Line is lighter than the Control Line. Does this mean some drug is present?

No. Any line next to the word Drug, no matter how dark or light, is considered a **Negative Result** and no further testing is required. It is possible that the intensity of the lines will vary among the drugs being tested for due to a variety of reasons such as: how diluted the urine is, the pH or protein level of the urine, or interference from a metabolite in the urine that closely resembles the drug. Keep in mind that no matter how faint the Drug line, it is still considered a **Negative Result**.

### 2. What is meant by a Preliminary Positive Result?

The First Check® Home Drug Test is considered a "screening test." We recommend all **Preliminary Positive Results** be sent to our laboratory for free confidential confirmatory testing. Gas chromatography/mass spectrometry (GC/MS) is considered the gold standard in laboratory testing for most drugs.

### 3. How do I know if the First Check® Home Drug Test worked properly? What if I am unsure of the result?

The test is working properly as long as a red or pink colored line appears next to the word Control. The result is **Negative** when a red or pink colored line appears next to the word Drug. The result is **Preliminary Positive** when **NO** line appears next to the word Drug.

If you have questions about your results call **1-888-788-5716** to speak with one of our First Check representatives. If you are unsure about your results please re-test using a new First Check® Home Drug Test.

### 4. How soon can I read my results?

You can read your results after 5 minutes as long as a red or pink colored line has appeared next to the word Control. Disregard all results after 10 minutes.

### 5. When is the best time to take the test?

Use first morning urine when possible as it tends to be the most concentrated urine of the day, making it best for detecting any drugs that may be in the system. However, First Check® Home Drug Tests can be used any time of day.

### 6. Are there any factors that can affect the test result?


- Certain over-the-counter medications or prescription drugs may cross-react with the First Check® Home Drug Test and cause a **Preliminary Positive Result**. For a complete list of substances which may cross-react with this test, please log on to our website at [www.firstcheckfamily.com](http://www.firstcheckfamily.com).
- The test will only give accurate results on fresh human urine samples. Old or diluted urine samples may not be suitable for testing.
- If you are testing someone else, keep in mind that First Check® Home Drug Tests are only as accurate as the urine sample being tested. Samples can easily be "adulterated" (i.e., contaminated or tampered with) using common household products such as bleach and other liquids. It is best that you closely supervise the entire process.
- The First Check® Home Drug Test provides a screening result only. It is not designed to determine the actual concentration of a drug, the level of intoxication, nor is it to be used for legal purposes.

## Shipping your First Check® Sample to the Lab

We recommend that all **Preliminary Positive Results** be sent to our laboratory for free confidential confirmatory testing. Gas chromatography/mass spectrometry (GC/MS) is considered the gold standard in laboratory testing for most drugs.

### Step ① Attach Identification Label

- Attach the top portion of the Identification Label (with bar code) to the Collection Cup and place a check mark in the box for the drug(s) that gave a **Preliminary Positive Result**.
- Attach the lower portion of the Identification Label to the designated location on this sheet and store in a safe place.


 **IMPORTANT: Without this Identification Label, we will be unable to test your sample. You will need this number to retrieve your results.**

### Step ② Place Test in Box

- Make sure the Test Lid is securely fastened to the Collection Cup then place it in the Plastic Transportation Bag.
- Seal bag and place into the Pre-addressed Mailing Box.

### Step ③ Ship Sample

- Close the Pre-addressed Mailing Box and secure it with packing tape.
- Samples should be mailed as soon as possible after collection.

 **IMPORTANT: The mailing box is not pre-paid. To ensure prompt delivery, be sure to pay the appropriate shipping charges to the mail service you have decided to use.**