



Diabetes Guidance: Excerpt from the FMCSA Medical Examiner Handbook

Palm Springs, CA

HWY17MH005

(3 page)

13. Medical Examination Report Form
Laboratory and Other Test Findings

Medical Examiner Completes

6	LABORATORY AND OTHER TEST FINDINGS	Numerical readings must be recorded
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Urinalysis is required. Protein, blood or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.
Other Testing (Describe and record)

URINE SPECIMEN	SP. GR.	PROTEIN	BLOOD	SUGAR
	1.020	Neg	Neg	Neg

Laboratory and Other Test Findings — Medical Examiner Instructions

i. Regulations — You must perform a urinalysis (dip stick)

Test for:

Specific gravity.
Protein
(proteinuria). Blood
(hematuria).
Glucose
(glycosuria).

NOTE: Trained assistive personnel may obtain urine specimens and record test results. However, the Medical Examiner must sign the Medical Examination Report form. By signing the Medical Examination Report form, you are taking responsibility for and attesting to the validity of all documented test results.

Additional Tests and/or Evaluation from a Specialist

Abnormal dip stick readings may indicate a need for further testing. As a medical examiner, you should evaluate the test results and other physical findings to determine the next step. For example, glycosuria may prompt you to obtain a blood glucose test. If the urinalysis, combined with other medical findings, indicates the potential for renal dysfunction, you should obtain additional tests and/or consultation to adequately assess driver medical fitness for duty.

Document all additional test results and include the results in your comments, including whether or not the health of the driver affects the ability to safely operate a commercial motor vehicle (CMV). Attach any additional medical reports obtained to the Medical Examination Report form.

NOTE: Testing for controlled substances is not a part of the physical qualifications for the driver examination process. Testing for controlled substances falls under a different regulation. However, if you suspect a need for drug/alcohol testing, contact the Federal Motor Carrier Safety Administration (FMCSA), or the motor carrier directly, for information on controlled substances and alcohol testing under Part 382 of the Federal Motor Carrier Safety Regulations (FMCSR). Specific questions may be directed to the [FMCSA Field Office in your State](#) or call FMCSA at 1-800-832-5660.