This statement is in reguards to First Aid / CPR training for the active and reserve crews at Station Gloucester.

I have been a certified EMT for the Commonwealth of Massachusetts since June 2005. I currently work as a Lieutenant at the Fire department.

The training conducted reflects the requirement of the Boat Operations and Training Manual Vol 1.

Topics covered in the training include: Burns, Hypothermia, Shock, Bleeding and CPR Treatment. CPR is tought in accordance to the American Heart Association Ratio of 30 Compressions and 2 Breaths. Also covered is pratical application of the AED.

Station Gloucester