## Sleep/Activity Log

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Ose the key at the bottom of the page to depict the time of the crash and the sleep/wake/duty times for the pilot in the days leading to the crash. Start with the day/date				
of the crash fill in the 3 preceding days along the left. Then, interview the pilot about the time he/she began and ended each duty period and sleep period for each day before the crash. Include naps as well as main sleeps. Enter any comments in the space below the timeline.				
Accident Numb		/ I space belt	ow the urneline.	1
	ACCIO	dent Date: 391S	Date Completed: 3	+115
Pilot Name:	apl G. Chris Reeser ASINAT	ne:	Source Codes:	
-			Source Codes.	
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		EXAMPLE		
Time 0	1 2 3 4 5 6 7 8	9 10 11 12 13	14 15 16 17 18 19 20	24 22 22
Day:	<u>:::::::::::::::::::::::::::::::::::::</u>			21 22 23
Monday Date:	Awakened by		1	×
	mments phone call		Nap on sofa	
	<b>†</b> ##	11/1.		
KEY:	= went to bed   = woke up	ep /// = on duty x =	crash	